# Primary hepatic neuroendocrine tumor: A case report

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**Abstract.** We herein present a case of an 87-year-old patient with multiple liver tumors identified on abdominal ultrasound. The assessment performed on admission included physical examination, computed tomography (CT) during hepatic angiography and CT during arterial portography. The examination revealed contrast enhancement of a proportion of the liver tumors (20 mm maximum diameter) during the arterial phase and mild contrast washout of those tumors during the delayed phase. On contrast-enhanced magnetic resonance imaging using gadolinium ethoxybenzyl diethylenetriamine pentaacetic acid, certain liver tumors exhibited contrast enhancement during the early phase and contrast washout during the hepatocyte phase in both lobes. By contrast, no lesions were identified during positron emission tomography imaging of the liver. A liver biopsy was performed and immunohistochemical staining revealed enhanced expression of cytokeratin AE1/AE3, synaptophysin, chromogranin A and CD56 and no expression of hepatocyte antigen or CK7. The mindbomb E3 ubiquitin protein ligase-1 index was ~2% in most of the tumor. The liver tumors were finally diagnosed as multiple intrahepatic metastases from a primary hepatic neuroendocrine tumor (PHNET). The patient underwent transarterial chemoembolisation with a combination of miriplatin (84 mg) mixed with gelatin sponge particles and lipiodol. To the best of our knowledge, this is the first report of PHNET in an patient aged >85 years.

### Introduction

Neuroendocrine tumors (NETs) have an average annual incidence of 2 per 100,000 cases among all tumors of the gastrointestinal tract. NETs primarily arise in the

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bronchopulmonary or gastrointestinal tracts (e.g., pancreas, ileum or appendix) and account for ~70% of all NETs found in the body (1-3). However, NETs are frequently reported as metastatic liver tumors, although the liver itself is rarely described as the site of the primary tumor. Since Edmondson first reported a case of primary hepatic NET (PHNET) (4), <100 cases have been reported in the English-language literature (3,5-9). The clinicopathological characteristics of PHNETs reveal that (i) they occur at a relatively young age (mean, 45 years), (ii) there is no known gender predominance, (iii) the majority of the cases are asymptomatic, (iv) the pathological diagnosis requires immunohistochemistry and (v) various therapeutic approaches may be attempted for PHNETs, such as hepatic lobectomy, systemic chemotherapy, transhepatic arterial chemoembolization (TACE), radiofrequency ablation and liver transplantation (10-12). To the best of our knowledge, there has been no report of PHNET with multiple liver metastases in a patient aged >85 years to date.

## Case report

A 87-year-old man was referred to Kagawa University Hospital (Kagawa, Japan) with multiple liver tumors identified on abdominal ultrasound. The assessment performed on admission included physical examination, computed tomography (CT) during hepatic angiography and CT during arterial portography, and revealed multiple liver tumors (20 mm maximum diameter) (Fig. 1A). The liver tumors also exhibited hyperechogenicity and hypoechogenicity with acoustic shadows on ultrasonography (data not shown). On contrast-enhanced magnetic resonance imaging (MRI) using gadolinium ethoxybenzyl diethylenetriamine pentaacetic acid, certain tumors exhibited contrast enhancement during the early phase and contrast washout during the hepatocyte phase (Fig. 1B). By contrast, no lesions were identified during positron emission tomography (PET) imaging of the liver (data not shown). A liver biopsy was performed and immunohistochemical staining revealed enhanced expression of cytokeratin (CK) AE1/AE3, synaptophysin, chromogranin A and CD56, and no expression of hepatocyte antigen or CK7 (Fig. 2). No other primary lesion was detected and the patient was diagnosed with PHNETs. The mindbomb E3 ubiquitin protein ligase-1 index was ~2% in most of the tumor. The patient underwent TACE with a combination of miriplatin (total dose of 84 mg)

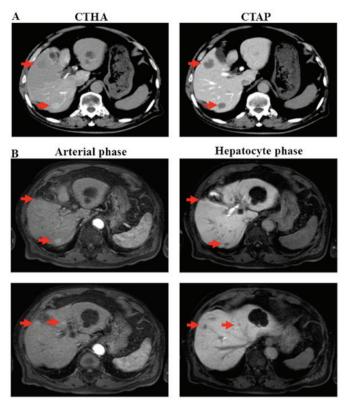


Figure 1. (A) Computed tomography (CT) images during hepatic angiography (CTHA) and arterial portography (CTAP). (B) Contrast-enhanced magnetic resonance imaging using gadolinium ethoxybenzyl diethylenetriamine pentaacetic acid during the arterial phase (left two panels) and the hepatocyte phase (right two panels). The tumors are indicated by the arrows.

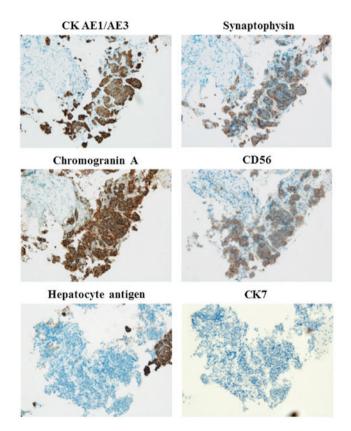


Figure 2. Immunohistochemistry was positive for the neuroendocrine tumor (NET) markers cytokeratin (CK) AE1/AE3, synaptophysin, chromogranin A and CD56 and negative for hepatocyte antigen and CK7 in primary hepatic NET tissues.

mixed with gelatin sponge particles and lipiodol. The patient was treated using 3 courses of TACE, and partial response was identified during the follow-up examination, 21 months after the liver biopsy.

#### Discussion

NETs commonly develop in the gastrointestinal tract, pancreas and bronchopulmonary tract. In the majority of those cases, NETs detected in the liver have metastasized from different organs, and primary NETs originating in the liver are quite rare (13). PHNETs may be difficult to diagnose, even with pathological evidence, and must be differentiated from metastatic liver tumors. Therefore, clinical characteristics and imaging methods, including CT and MRI, are also crucial for definitively diagnosing PHNETs. In the present study, we diagnosed multiple liver tumors as PHNETs by histology and by applying various imaging modalities, such as CT, MRI and PET.

Non-specific symptoms, such as abdominal pain and distension, may be associated with the early stages of this disease. Additionally, several patients with gastrointestinal NETs suffer from carcinoid syndrome (14). This syndrome occurs in <10% of patients with gastrointestinal NETs and is associated with liver metastasis. Of note, carcinoid syndrome is rarely observed in PHNET patients (15).

PHNETs primarily occur in patients between aged 40-50 years and are usually located in the right lobe of the liver (10). In the present study, the onset age of PHNET was 87 years and the tumors were located in both lobes of the liver. PHNETs may slowly metastasize to the other side of the hepatic lobe. To date, this is the first report of a PHNET patient aged >85 years.

Although the origin of PHNETs has not been elucidated, it has been hypothesized that NET cells may spread to the intrahepatic biliary tract and undergo malignant transformation, or that malignant stem cells may be transdifferentiated to NET cells (16). As PHNETs are rare, slow-growing and asymptomatic, early-stage diagnosis may be difficult. In the present study, a patient aged 87 years presented with multiple intrahepatic tumors that were diagnosed as PHNETs. Therefore, it is crucial to elucidate the etiology and mechanism underlying the development of these tumors.

Immunohistochemical analysis is the most effective method for the diagnosis of PHNETs. In our study, representative immunohistochemical markers, such as CK AE1/AE3, synaptophysin, chromogranin A and CD56, were positive (Fig. 2). Additionally, hepatocyte antigen and CK7, which are not expressed in NETs, were negative (Fig. 2). Sundin *et al* (17) reported that synaptophysin and chromogranin A were useful markers for a definitive diagnosis of PHNETs. Moreover, the quantification of chromogranin A in the plasma may be used for the follow-up evaluation of NETs (1). These reports suggest that immunohistochemical markers are powerful tools for diagnosing PHNETs.

Surgical treatment is the only curative method, with 5- and 10-year survival rates of 78 and 59%, respectively (18). The majority of the PHNET patients underwent surgical resection if surgery was indicated. In our case, multiple PHNETs were detected in both lobes of the liver, and surgical resection

was not considered to be an option. Therefore, TACE was performed with cisplatin. Yao *et al* (19) reported that hepatic chemoembolization for NETs effectively improves the clinical symptoms and achieves tumor control. TACE may be the most effective therapy for PHNETs with intrahepatic metastasis.

Radiofrequency ablation (RFA) may be used to treat HCCs sized <5 cm (20,21) when <3 tumors are present (21). Our case had at least 4 tumors in both hepatic lobes (Fig. 1); thus, RFA was not indicated. However, RFA may be useful for treating unresectable PHNETs.

In conclusion, PHNETs are rare, particularly in elderly individuals. Immunohistochemistry is key to accurately diagnosing PHNETs. Surgery is the only curative option, but TACE and/or RFA may be considered as alternative approaches in the case of unresectable PHNETs.

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