

# Non-neural granular cell tumor of the uterine corpus mimicking uterine leiomyoma: A case report

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Abstract. Non-neural granular cell tumors (GCTs) are clinically rare, whereas cases arising in the uterine corpus are exceedingly rare. Only three uterine cervical cases of GCTs have been reported to date and, to the best of our knowledge, there are no reports of GCT of the uterine corpus in the literature. We herein describe the first case of non-neural GCT arising from the uterine corpus reported to date. A 55-year-old premenopausal woman was referred to the Department of Obstetrics and Gynecology of Hashimoto Municipal Hospital (Wakayama, Japan) with a suspected uterine tumor. The tumor presented as a uterine leiomyoma-like mass on radiological examinations, but the diagnosis of non-neural GCT was established based on pathological and immunohistochemical examinations. Microscopically, histological examination of the entire surgical specimen revealed large polygonal cells with abundant eosinophilic granular cytoplasm and round to oval nuclei. Immunohistochemistry revealed positive periodic acid-Schiff staining of the cytoplasmic granules, which was resistant to diastase. In addition, the tumor cells stained positive for CD68, but negative for S-100, neuron-specific enolase, cytokeratin, CD34, α-smooth muscle actin, desmin, estrogen receptor and progesterone receptor. It is important for gynecologists to be aware of the possibility of non-neural GCT of the uterine corpus, for which accurate diagnosis, complete resection and long-term follow-up are crucial, as it may be easily misdiagnosed as uterine leiomyoma.

## Introduction

Granular cell tumor (GCT) is a clinically rare neoplasm composed of characteristic cells that contain numerous eosinophilic cytoplasmic granules, as shown on hematoxylin and eosin (H&E) staining (1). GCT may be divided into the neural type, which exhibits S-100 reactivity (conventional GCT), and non-neural GCT, which does not exhibit S-100 reactivity (2). Although non-neural GCT was first described in 1991 (3), it has not been fully characterized, as it has a rather unique immunophenotype, unlike conventional GCT, and reports of this entity in the literature are scarce (2-4). GCT may only be definitively diagnosed postoperatively based on detailed pathological and immunohistochemical examinations. Complete resection is recommended for malignant or metastatic GCT (1,5,6).

GCTs most commonly arises in dermal or subcutaneous regions, or the tongue (1); they may also develop in other parts of the body, but uterine GCT is extremely rare. To date, only three cases of uterine cervical GCT have been documented, all involving conventional GCTs (6-8); however, to the best of our knowledge, there have been no reports of GCT of the uterine corpus in the literature to date.

We herein describe the first reported case of non-neural GCT arising from the uterine corpus, which mimicked uterine leiomyoma and was treated with complete surgical resection, and discuss other related cases that have been reported in the literature.

## **Case report**

A 55-year-old perimenopausal woman, gravida 1, para 1, was referred to the Department of Obstetrics and Gynecology of Hashimoto Municipal Hospital (Wakayama, Japan) with a suspected uterine tumor in October 2015. The patient had no history of lower abdominal or pelvic discomfort, pelvic surgery, or other relevant medical conditions. Transvaginal ultrasound examinations revealed a 4-cm well-defined uterine tumor, which exhibited iso-echogenicity (Fig. 1A). On magnetic resonance imaging (MRI), the tumor had a round shape, with heterogeneous signal intensity, including areas of isointensity or hyperintensity on T1-weighted imaging (WI) (Fig. 1B) and isointensity relative to muscle on T2WI (Fig. 1C).

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Figure 1. Radiological findings of non-neural granular cell tumor of the uterine corpus (A) Transvaginal ultrasonography; (B) T1-weighted sagittal image; (C) T2-weighted sagittal image (arrowheads, tumor; arrows, uterine corpus).

Based on these radiological findings, the mass was suspected to be a leiomyoma of the uterine corpus. A laboratory analysis of the patient's peripheral blood revealed normal tumor marker levels [cancer antigen (CA)125, CA19-9 and carcinoembryonic antigen] and an elevated lactate dehydrogenase level (215 IU/l). Total abdominal hysterectomy and bilateral salpingo-oophorectomy were planned. On intraoperative examination, a tumor was identified arising from the anterior part of the uterine corpus, and it was completely resected. The mass was 3.7 cm in greatest diameter and elastic-hard in consistency; the cut surface of the surgical specimen was yellowish-brown (Fig. 2). Microscopically, histological examination of the surgical specimen revealed large polygonal cells with abundant eosinophilic granular cytoplasm and round to oval nuclei (Fig. 3A). The tumor was located mainly in the muscle layer of the uterine body (Fig. 3C). The mitotic activity of the tumor cells were <5/10 high-power fields (HPFs) and the tumor had not invaded the mucosal layer (Fig. 3C). Immunohistochemistry revealed positive periodic acid-Schiff (PAS) staining of the cytoplasmic granules, which was resistant to diastase (Fig. 3B). In addition, the tumor cells stained positive for CD68 (Fig. 3D), but negative for S-100, neuron-specific enolase (NSE), cytokeratin, CD34,  $\alpha$ -smooth muscle actin (SMA), desmin, estrogen receptor (ER) and progesterone receptor (PR) (Fig. 3E). The Ki-67 labeling index was ~6% in 20 random HPFs (data not shown). The immunohistochemistry findings excluded leiomyoma, leiomyosarcoma, malignant schwannoma, gastrointestinal stromal tumor and solitary fibrous tumor. The diagnosis of non-neural GCT of the uterine corpus was confirmed based on the pathological and immunohistochemical findings. The postoperative course was uneventful, and the patient was discharged from the hospital on postoperative day 7. At 12 months after the diagnosis, there was no evidence of local recurrence or systemic disease. Written informed consent was obtained from the patient regarding the publication of this case report and associated images.

### Discussion

GCT is a rare slow-growing neoplasm that accounts for  $\sim 0.5\%$  of all soft tissue tumors. Women are twice as likely to develop GCT as men. Furthermore, GCT mainly occurs between 40 and 60 years of age, and generally arises in the subcutaneous



Figure 2. Macroscopic findings of non-neural granular cell tumor (arrowheads) of the uterine corpus.

tissues of the head and neck region, although it may occur at several other sites (1). The majority of GCTs are considered to have undergone neural crest differentiation and exhibit positivity for S-100. These tumors are referred to as conventional GCTs (1). However, GCTs that do not display S-100 protein expression have been described in certain case series since 1991, and these tumors are referred to as non-neural GCTs (2-4). Therefore, GCT is classified into conventional GCT (S-100-positive) and non-neural GCT (S-100-negative) types. GCT rarely occurs as a gynecological tumor, although when it does it mainly arises in the vulva (6,7). As regards the uterus, only three cases of uterine cervical GCT have been reported to date, all involving conventional GCTs. However, to the best of our knowledge, no cases of non-neural GCT of the uterine corpus have been reported in the English literature (PubMed and MEDLINE databases) to date (6-8).





Figure 3. Microscopic findings of non-neural granular cell tumor of the uterine corpus (A) Hematoxylin and eosin (H&E) staining (magnification, x200); (B) periodic acid-Schiff staining (magnification, x400). (C-E) Low magnification (x4) of tissue sections (arrowheads, tumor; arrows, endometrium of the uterine corpus) stained with (C) H&E; (D) anti-CD68; (E) anti-estrogen receptor.

The diagnosis of non-neural GCT of the uterine corpus is difficult, as surgery is required for a definitive diagnosis. In a previous case of GCT, it was demonstrated that the results of imaging analysis are non-specific (5). On MRI, GCTs are usually located superficially and display a round or oval shape and heterogeneous signal intensity, including areas of isointensity or hyperintensity relative to muscle or suppressed fat signals on T1WI, whereas they frequently exhibited isointensity or hyperintensity relative to muscle on T2WI. In a case of GCT involving a premenopausal female patient, leiomyoma was initially suspected due to the round shape and smooth surface and the fact that it appeared isointense on both T1WI and T2WI, which made the diagnosis of GCT difficult.

Macroscopically, GCT surgical specimens are usually composed of yellowish-brown tissue with a nodular yellow-grey cut surface (1), as in the present case. Microscopically, GCT is composed of ovoid or polygonal cells with abundant eosinophilic granular cytoplasm, as shown on H&E staining. Immunohistochemical examination may be used to confirm the pathological diagnosis. In non-neural GCT, some of the cytoplasmic granules stain positively for PAS and are resistant to diastase, and the tumor cells stain positive for CD68, but are negative for S-100, NSE, cytokeratin, CD34 and other mesenchymal markers (a-SMA and desmin) or sex hormone receptors, namely ER and PR (2-4). In case of gynecological tumors, clinicians must be able to differentiate GCT from granular cell variants of leiomyoma. Such granular cell changes usually only affect part of the lesion, which allows GCT to be diagnosed using conventional morphological and immunohistochemical criteria based on mesenchymal markers and sex hormone receptors. In the present case, immunohistochemistry revealed that the tumor stained positive for PAS and CD68, whereas staining for S-100, NSE, cytokeratin, CD34,  $\alpha$ -SMA, desmin, ER and PR was negative. Thus, a final diagnosis of non-neural GCT of the uterine corpus was made.

The most appropriate clinical management strategy for non-neural GCT of the uterine corpus is not always clear, as our experience with such cases is limited. GCT is usually a clinically and histologically benign tumor, but some malignant forms of GCT have been reported (1,5,6). Malignant GCTs are relatively uncommon, constituting only 1-2% of all GCTs. The characteristics of malignant GCT include nuclear pleomorphism, necrosis, and the presence of any mitotic activity combined with an aggressive clinical course and the destruction of neighboring structures. Thus, the differentiation between benign and malignant GCTs is only possible postoperatively based on detailed pathological and immunohistochemical examinations of the tumor. However, even in benign GCTs, local recurrence and secondary lymph node invasion have been reported (5). A wide, complete excisional margin is always preferred due to the lesion's infiltrative pattern and potential for recurrence, and to ensure that a correct pathological diagnosis is obtained. Metastasis and recurrence usually occurs within 2 years; thus, GCT should be followed up for at least 2 years postoperatively. According to three previous reports on GCT of the uterine cervix (6-8), uterine GCT appears to have a better prognosis following complete resection, as in the present case, although one of the cases involved a malignant GCT (6). Further data on uterine GCT are needed, particularly regarding its natural history, diagnosis and treatment.

To the best of our knowledge, this is the first reported case of non-neural GCT arising from the uterine corpus. The tumor was successfully treated with complete surgical resection. It is important for gynecologists to be aware of the existence of non-neural GCT of the uterine corpus, which requires accurate diagnosis, complete resection and long-term follow-up, combined with the findings on clinical presentation and pathology, as it may be misdiagnosed as uterine leiomyoma.

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