# DT-13 suppresses MDA-MB-435 cell adhesion and invasion by inhibiting MMP-2/9 via the p38 MAPK pathway

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**Abstract.** Previous research has shown that the Dwarf lilyturf tuber has antitumor effects. The antitumor ability of DT-13, a saponin monomer isolated from the roots of the Dwarf lilyturf tuber, is discussed in this study. The results showed that DT-13 inhibited the proliferation, adhesion and invasion of MDA-MB-435 cells. DT-13 decreased the excretion and expression of MMP-2/9. Furthermore, DT-13 inhibited the phosphorylation of p38 in MDA-MB-435 cells. In conclusion, the results suggest that DT-13 possesses anticancer and antimetastatic properties by inhibiting the invasion of cancer cells.

## Introduction

Cancer is a serious threat to human life and health. With the progression and development of cancer research, accumulating evidence has shown that the majority of cancer patients do not die from local complications of the primary tumor growth, but from the development and spread of tumor metastasis (1). Therefore, the focus of medical treatment gradually shifts from treating a single tumor and prolonging the survival rate, to prolonging and improving the quality of life in cancer patients through multi-channel development. The development of metastasis consists of a complex series of linked and sequential steps,

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Abbreviations: DT-13, ruscogenin 1-O- $[\beta$ -D-glucopyranosyl- $(1\rightarrow 2)$ ]- $[\beta$ -D-xylopyranosyl- $(1\rightarrow 3)$ ]- $\beta$ -D-fucopyranoside; MMP, matrix metalloproteinase; MAPK, mitogen-activated protein kinase

Key words: DT-13, MDA-MB-435, invasion, p38, matrix metalloproteinase-9 which include the detachment of cancer cells from the primary tumor, the adhesion and invasion of cancer cells into the blood or lymphatic vessels, extravasation from the tissue, invasion with the target tissue and finally, the formation of new tissue (2).

The process of tumor metastasis is accompanied with changes in gene expression, including mutation, overexpression, loss and activation or inactivation of a number of genes (3). Matrix metalloproteinases (MMPs) is a family of proteins that play an important role in cancer metastasis, and are related to cancer cell invasion, metastasis and angiogenesis (4). Among these MMPs, MMP-2 (gelatinase-A) and MMP-9 (gelatinase-B) are particularly important in cancer metastasis and are associated with the invasion and metastatic spread of cancer cells by degrading type IV collagen, a major component of the basement membrane (5-7). With the overexpression of MMP-2 and MMP-9, breast carcinoma metastasizes to the bone, leading to poorer prognosis and an increased risk of relapse (8,9). MMP-2 and MMP-9 downregulation may be the mechanism behind the anticarcinogenic effects of various medicines on tumor invasion (10-12). Thus, MMP-2 and MMP-9 have been considered as a target in the development of medicine against tumor invasion and metastasis.

The mitogen-activated protein kinase (MAPK) pathway is associated with tumor proliferation and survival, motility and invasion (13,14). Extracellular signal-regulated kinase 1 and 2 (ERK1/2), p38 MAPK and c-Jun N-terminal kinase (JNK) are three major MAPKs, which are related to tumor metastasis. They play a central role in regulating the expression of MMPs. The up- or downregulation of MAPKs and their phosphorylation are involved in the regulation of MMP-9 expression in cancer cells (15,16).

The saponin monomer of the Dwarf lilyturf tuber, ruscogenin 1-O-[ $\beta$ -D-glucopyranosyl-(1 $\rightarrow$ 2)]-[ $\beta$ -D-xylopyranosyl-(1 $\rightarrow$ 3)]- $\beta$ -D-fucopyranoside (DT-13) (Fig. 1), was isolated from the roots of *Liriope muscari* (Decn.) Bailey (Fujian, China) (17), with the structure of ruscogenin saponin. The Dwarf lilyturf tuber is used widely in clinics, mainly for the treatment of cardiovascular diseases (18), with many beneficial effects, such as the enhancement of the macrophage effect in the immune system (19). As expected, several extracts and their principles from the Dwarf lilyturf tuber have shown promising activities, such as anti-inflammatory and antitumor activities (20). Among them, DT-13 has been shown to improve the immunoinammatory liver injury and inhibit lymphocyte adhesion to the extracellular matrix. Pharmacological investigations regarding the activities of ruscogenin saponin have mainly focused on its anti-inflammatory and anti-oxidant abilities (21,22). Ruscogenin has been shown to significantly suppress leukocyte migration *in vivo*, inhibit the TNF- $\alpha$ -induced overexpression of ICAM-1 and to suppress NF- $\kappa$ B activation (23).

In a recent study, DT-13 was found to decrease cancer cell metastasis *in vivo* and *in vitro*, potentially through the downregulation of TF expression under hypoxia, and to decrease Egr-1 expression (24). However, direct evidence for the mechanism of DT-13 on tumor metastasis is lacking. Thus, the antitumor metastatic ability of DT-13 was detected in the present study, with the help of the MDA-MB-435 highly metastatic human cancer cells. We found that DT-13 suppressed the adhesion and invasion of MDA-MB-435 cells by inhibiting the activity of MMP-2 and MMP-9 and p-p38. Taken together, DT-13 may be considered as an inhibitor of MMP or p38 for cancer therapy.

### Materials and methods

*Materials*. DT-13 was isolated from the root of *Liriope muscari* (Denc.) Bailey (Fujian, China), isolated in our own laboratory. DT-13 was dissolved in dimethyl sulfoxide (DMSO) and diluted with DMEM medium without serum before each experiment. The final DMSO in the culture medium never exceeded 0.1‰ (v/v), a concentration known not to affect cell proliferation, and the control groups were always treated with 0.1‰ DMSO in the corresponding experiments.

*Cell lines and culture*. MDA-MB-435 human cancer cells were obtained from Keygene Corporation (Nanjing, China), grown in high glucose DMEM medium supplemented with 20% heat-inactivated fetal bovine serum (FBS), 100 U/ml penicillin, 100 U/ml streptomycin and 3.7 g/l sodium bicarbonate. Human umbilical veinendothelial cells (HUVECs) were isolated from human umbilical veins and harvested by enzymatic treatment with trypsin. HUVECs were grown in Medium 199, supplemented with 10% FBS, 30 mg/l endothelial cell growth factor (Sigma, USA), 0.1% heparin, 100 U/ml penicillin, 100 U/ml streptomycin and 3.7 g/l sodium bicarbonate. These cells were maintained in logarithmic phase under a humidified atmosphere of 95% air and 5% CO<sub>2</sub> at 37°C.

*Cell cytotoxicity assay (MTT assay).* Cells were seeded in 96-well plates at a density of  $10^4$  cells/well overnight and then treated with DT-13. The medium solution was removed after 72 h. Subsequently, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphen-yltetrazolium bromide (MTT) was added to the plate and the cells were cultured for another 3 h (25). The medium solution was then removed and DMSO was added to the plate. After agitation for 10 min at room temperature, the cytotoxicity was determined by measuring the absorbance of the converted dye at a measure wavelength of 570 nm and reference wavelength of 650 nm in an ELISA reader (Tecan, Grödig, Austria).

*Cell adhesion to HUVECs and fibronectin.* HUVECs were seeded in 96-well plates in complete HUVECs-medium at

a density of  $10^4$  cells/well overnight and washed with PBS. MDA-MB-435 cells were suspended at a final concentration of  $5x10^5$  cells/ml in various concentrations of DT-13, dissolved in serum-free DMEM medium. After 3 h, the ratio of adhesion was detected by measuring the absorbance of Rose Bengal at a measure wavelength of 600 nm in an ELISA reader.

For the adhesion to fibronectin, 96-well plates were pre-coated with fibronectin (Merck) at 4°C overnight. The MDA-MB-435 cells, which were suspended in various concentrations of DT-13, were cultured in a cell incubator for 3 h. The unattached cells were then removed and washed with PBS twice. The follow steps were the same as in the cell cytotoxicity assay.

Cell invasion assay. The Transwell membrane (8  $\mu$ m pore size, 6.5 mm diameter; Corning Costar Corporation) was pre-coated with Matrigel (BD Corporation), and then activated by 10 mg/ ml BSA at 37°C for 30 min. MDA-MB-435 cells, treated with various concentrations of DT-13 in serum-free DMEM medium, were added to the upper well and 500  $\mu$ l 10% FBS DMEM were added to the lower well. The chamber was placed into cell incubator for 20 h, then fixed with 90% ethanol and wiped on the cells on the upper side using the cotton tips. The chamber was stained with 0.1% Methyl Violet (Sinopharm Chemical Reagent Co., Shanghai, China) and scanned with a microscope at x200 mangification (AxioVision Rel 4.8; Carl Zeiss, Oberkochen, Germany). Finally, the chamber was extracted with 10% acetic acid and the absorbance was measured at a measure wavelength of 570 nm in an ELISA reader.

*Gelatin zymography.* The activities of MMP-2 and MMP-9 were assayed by gelatin zymography (7). After treatment with DT-13 for 20 h, the supernatants were collected. Samples were mixed with loading buffer and electrophoresed with 10% SDS-polyacrylamide gel containing 0.1% gelatin. Gels were washed twice in zymography washing buffer for 45 min at room temperature, followed by rinsing twice in washing buffer for 20 min. The gels were then incubated at 37°C for 40 h in zymography reaction buffer, stained with Coomassie blue R-250 for 3 h and destained with destaining solution. The field of the non-stained band was quantified by Quantity One System.

Western blot analysis. MDA-MB-435 cells were incubated with various concentrations of DT-13 for 20 h. The cells were then collected, lysed and equal amounts of protein were separated by SDS-PAGE and transferred onto a PVDF membrane (Millipore, Billerica, MA, USA), which was blocked for 1.5 h at room temperature, followed by overnight incubation at 4°C in the relevant primary antibody, and finally blocked for 1 h with a HRP-conjugated secondary antibody. The band detection was revealed by enhanced chemiluminescence using an ECL kit and detected by ChemiDoc-It Imaging System (UVP, Upland, CA, USA).

Statistical analysis. Data are expressed in terms of the means and standard deviation (means  $\pm$  SD). The experimental data were analyzed using Microsoft Excel software (Microsoft Software Inc.). All comparisons were made relative to the control groups and \*P<0.05 and \*\*P<0.01 indicated statistically significant differences.



Figure 1. Structure and cytotoxicy of DT-13. (A) Chemical structure of DT-13. (B) DT-13 inhibited MDA-MB-435 cell proliferation at the concentrations of 10 and 100  $\mu$ M for 72 h. (C) DT-13 had no cytotoxity at the concentrations of 0.3, 1, 3, 10 and 30  $\mu$ M for 24 h. The cells were detected by MTT, as described in Materials and methods. Each point represents the mean ± SD of three experiments. \*P<0.05 and \*\*P<0.01, compared to the control group.

#### Results

Cell cytotoxicity effect of DT-13 on MDA-MB-435 cells. The proliferation of MDA-MB-435 cells at 72 h was inhibited by DT-13 (Fig. 1B). The results of the MTT assay also showed that 24-h treatments of DT-13 at various concentrations (0-30  $\mu$ M) exhibited no obvious cytotoxicity in MDA-MB-435 cells (Fig. 1C). DT-13 at the concentrations of 0.3, 1, 3, 10 and 30  $\mu$ M, was used in our experiment. These concentrations were then applied to all subsequent experiments.

*Effects of DT-13 on MDA-MB-435 cell adhesion*. As shown in Fig. 2A, DT-13 inhibited the adhesion of MDA-MB-435 cells to HUVECs. DT-13 (10 and 30  $\mu$ M) significantly reduced the number of adhered MDA-MB-435 cells to HUVECs, and the inhibition rate was approximately 54 and 72%, respectively. At the same time, the MDA-MB-435 cell adhesion to fibronectin was detected for a more accurate result. Fig. 2B shows the effect of DT-13-inhibited adhesion to fibronectin. At 30  $\mu$ M, DT-13 dramatically inhibited the adhesion of MDA-MB-435 cells to fibronectin, and the inhibition rate was approximately 74%.

*Effects of DT-13 on MDA-MB-435 cell invasion*. After treatment with DT-13 for 20 h, MDA-MB-435 cells invaded the lower side of the filter of the Transwell chamber. Fig. 3A indicates that DT-13 dramatically inhibited the cell invasion from the upper to the lower chamber compared to the control group.



Figure 2. Effects of DT-13 on MDA-MB-435 cell adhesion. (A) MDA-MB-435 cells in various concentrations of DT-13 were added at a density of  $1 \times 10^4$  cells/ well to a HUVEC monolayer for 3 h. Non-adherent MDA-MB-435 cells were washed with PBS and detected by Rose Bengal, as described in Materials and methods. (B) MDA-MB-435 cells in various concentrations of DT-13 were added to the wells coated with fibronectin and the plates were incubated at 37°C for 3 h. The medium was then carefully aspired out of each well. Each well was washed twice with PBS. Then, the MTT assay was used to determine the number of adherent cells. Each point represents the mean  $\pm$  SD of three experiments. \*P<0.05 and \*\*P<0.01, compared to the control group.



Figure 3. DT-13 inhibited the invasion of MDA-MB-435 cells *in vitro*. MDA-MB-435 cells suspended at a final concentration of  $5x10^5$  cells/ml in various concentrations of DT-13 were placed in each well. (A) MDA-MB-435 cells that penetrated through the matrigel to the lower surface of the transwell were stained with crystal violet and were photographed under a light microscope at x200 magnification. (B) The chamber was extracted with 10% acetic acid, and the absorbance was measured at a wavelength of 570 nm in an ELISA reader. \*P<0.05 and \*\*P<0.01, compared to the control group.

The quantification of cells in the lower chamber in Fig. 3B indicates that DT-13 significantly inhibited the invasion of MDA-MB-435 cells. The inhibition rate of 10 and 30  $\mu$ M of DT-13 was approximately 57 and 64%, respectively.

*Effects of DT-13 on MMP-2 and MMP-9 enzyme activity.* The expression of MMP-2 and MMP-9 has been reported to play a critical role in degrading the basement membrane in tumor inva-



Figure 4. Effects of DT-13 on the activities of the MMP-2/9 and the MAPK pathway. (A) Gelatin zymography analysis of serum-free medium conditioned by MDB-MA-435 cells treated with different concentrations of DT-13 for 24 h. The relative enzyme activities of MMP-2 and MMP-9 are expressed as percentages relative to control samples, quantified by Quantity One System. (B) Effects of DT-13 on the protein expression of MMP-2/9 in MDA-MB-435 cells. MDA-MB-435 cells were incubated for 20 h with different concentrations of DT-13. The intensity of the bands was densitometrically measured and normalized to the protein expression of  $\beta$ -actin. (C) Effects of DT-13 on the expression of the MAPK signaling pathway in MDA-MB-435 cells. Values represent the means  $\pm$  SD from three independent experiments. \*P<0.05 and \*\*P<0.01, significantly different from the control.

sion and migration (26,27). The activity of MMP-2/9 decreased with the increasing concentrations of DT-13 (Fig. 4A). The inhibition rate of MMP-2 was 12, 14, 32, 33 and 42%, and that of MMP-9 was 13, 28, 35, 44 and 61%, with 0.3, 1, 3, 10 and 30  $\mu$ M of DT-13, respectively.

Effects of DT-13 on the expression of MMP-2/9 and MAPK pathway protein. The effects of DT-13 on the expression of MMP-2/9 were detected by western blot analysis. It was found that DT-13 decreased the expression of MMP-2/9 at the concentration of 30  $\mu$ M (Fig. 4B). With the DT-13 concentration increasing, the expression of MMP-2/9 decreased. The expression and phosphorylation of ERK1/2 and p38 MAPK was examined to detect whether the MAPK signaling pathway was affected by the DT-13-treated cells (Fig. 4C). The expression of p-p38 was inhibited at the concentrations of 10 and 30  $\mu$ M, while the expression of phosphorylated-ERK (p-ERK) was not inhibited by DT-13.

#### Discussion

Tumor growth, invasion and metastasis are multistep and complex processes that include cell division and proliferation, adhesion and cell migration through basement membranes (28). This study illustrates that DT-13 regulates several steps in cancer metastasis. The proliferation, adhesion and invasion of MDA-MB-435 cells were inhibited by DT-13. Additionally, the secretion and expression of MMP-2/9, which are important proteins in cancer metastasis, were inhibited in MDA-MB-435 cells. The MAPK pathway was involved in the DT-13-treated cells. DT-13 inhibited cancer metastasis, and may be a possible treatment candidate for inhibiting cancer metastasis.

MMPs play a significant role in cancer metastasis, degrading the extracellular matrix. The activities of MMP-2 and MMP-9 are related to the adhesion, migration, invasion and angiogenesis of cancer metastasis (27). Due to the significant role of MMPs in cancer metastasis as well as in additional human pathologies, interest has focused on identifying natural and synthetic compounds that inhibit MMP activity. The field of non-stained bands in gelatin zymography and the area of the bands area in the western blots demonstrated that the activities of MMP-2 and MMP-9 were suppressed by DT-13. The inhibition of MMP-9 was slightly greater than MMP-2, not only in gelatin zymography, but also in western blot analysis. These results illustrate that MMP-9 plays a more important role in DT-13 inhibiting tumor metastasis compared to MMP-2.

To detect whether the MAPK signaling pathway was involved, we examined the expression and phosphorylation of ERK1/2 and p38 MAPK in DT-13-treated MDA-MB-435 cells. The expression of p-p38 was inhibited by DT-13, while

the expression of p-ERK did not change. These results indicate that DT-13 inhibits MDA-MB-435 cell metastasis possibly through the inactivation of p38, but not ERK1/2. It has been reported that the p38 pathway inhibitor reduces the MMP-9 expression and secretion, and the *in vitro* invasion of cancer cells (29). According to our result, DT-13 reduced the expression and secretion of MMP-9 and the expression of p38 MAPK, and inhibited the invasion of MDA-MB-435 cells. Therefore, it can be concluded that DT-13 has the ability to act as a p38 inhibitor to tumor metastasis. It is essential to carry out further investigation as to how DT-13 affects the MAPK pathway and other proteins involved in tumor metastasis. Further investigation is required to detect the mechanism of DT-13 on cancer metastasis and the interaction of these proteins.

In conclusion, the results from this study demonstrate that DT-13 inhibits MDA-MB-435 cell adhesion and invasion *in vitro*, accompanied with the downregulation of MMP-2/9 and the inactivation of the p38 MAPK signaling pathway. The results show that DT-13 may have potential as a drug in anti-tumor metastasis, since it is able to target diverse mechanisms involved in the cell cycle, adhesion, invasion and metastasis. Further investigation is essential concerning the mechanism of DT-13 inhibiting tumor metastasis.

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