

# Effects of aspirin on the ERK and PI3K/Akt signaling pathways in rats with acute pulmonary embolism

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**Abstract.** Inflammation contributes to acute pulmonary embolism (APE). However, the contributions of the extracellular signal-regulated protein kinases (ERK) and phosphoinositide 3 kinase/protein kinase B (PI3K/Akt) signaling pathways have not yet been elucidated. The aim of this study was to examine the effects of aspirin on ERK and PI3K/Akt signaling in a rat model of APE and evaluate the prognostic values of brain natriuretic peptide (BNP), troponin (TnT) and D-Dimer. A total of 108 Sprague-Dawley rats were assigned into the control, sham, model and low-, medium- and high-dose aspirin (150, 300 and 600 mg/kg, respectively) groups. In each group, six rats were sacrificed 6, 24 and 72 h subsequent to the induction of APE to collect the lungs and serum. Western blot analysis was used to assess ERK, PI3K and Akt expression; enzyme-linked immunosorbent assay (ELISA) was used to analyze BNP, TnT and D-Dimer levels; and changes in lung pathology were evaluated using hematoxylin and eosin (H&E) staining. The results showed that ERK and PI3K levels were decreased in the control, sham and the three aspirin groups at all time-points compared with the model group ( $P < 0.01$ ). The exception was in the medium-dose aspirin group at 24 h. The serum levels of BNP, TnT and D-Dimer were lower in the control and sham groups at all time-points compared with the model group ( $P < 0.05$ ). Furthermore, the levels of BNP, TnT and D-Dimer levels were decreased in the aspirin-treated groups ( $P < 0.05$ ) and markedly increased in the model group ( $P < 0.05$ ) at 24 h compared with the levels at 6 h. Pulmonary embolism, alveolar wall necrosis and hemorrhage were observed in the model group 6, 24 and 72 h subsequent to the induction of the model. However, congestion and inflammation were attenuated

following aspirin treatment. In conclusion, aspirin reduces lung damage and improves prognosis. Decreased ERK, PI3K and Akt expression in the lungs and reduced levels of BNP, TnT and D-Dimer may be important factors in the effects observed.

## Introduction

Inflammation is widely involved in the pathology of acute pulmonary embolism (APE), in which the levels of tumor necrosis factor (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$  and IL-8 are significantly increased (1). It has been demonstrated that the use of aspirin may have protective effects (2). However, it has not yet been elucidated whether other important inflammatory factors are involved in the inflammatory responses following APE.

The European Society of Cardiology has issued 'Guidelines on the diagnosis and management of acute pulmonary embolism' (3), which suggested that brain natriuretic peptide (BNP), troponin (TnT) and D-Dimer may serve as prognostic markers of APE. A number of other studies have shown that extracellular signal-regulated protein kinases (ERK) (4-7) and phosphoinositide 3 kinase/protein kinase B (PI3K/Akt) (8) are important in the inflammatory response.

The ERK and PI3K/Akt signaling pathways have been demonstrated to be important in the pathology of lung injuries (4,5) and pulmonary arterial hypertension (9,10). However, no study has yet investigated the roles of these pathways in the pathology of APE.

In the present study, the effects of aspirin on the ERK and PI3K/Akt signaling pathways were studied in a rat model of APE. Furthermore, the levels of BNP, TnT and D-Dimer were used to predict the prognosis of the rats.

## Materials and methods

**Animals.** A total of 108 Sprague Dawley rats bred in an ultra-clean environment, with body weights of  $\sim 250 \pm 20$  g were used in this study. The animals were obtained from Huishan Jiangnan Animal Center, Wuxi, China [animal certification no. SCXK (Su) 2009-0005]. The Medical Experimental Animal Management Committee of Zhejiang, China, as well as the ethics committee of Zhejiang Chinese Medical University (Hangzhou, China), approved this study.

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**Key words:** aspirin, pulmonary embolism, extracellular signal-regulated protein kinases, phosphoinositide 3 kinase/protein kinase B, brain natriuretic peptide, troponin, D-Dimer

**Drug.** Aspirin enteric-coated capsules (W026) were obtained from Yongxin Pharmaceuticals Inc. (Kunshan, China).

**Materials.** PI3K antibody (BS3678; Bioworld, Dublin, OH, USA), Akt antibody (ab8805; Abcam, Cambridge, UK), ERK antibody (9102; Cell Signaling Technology, Inc., Danvers, MA, USA),  $\beta$ -actin antibody (sc-47778; Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA), goat anti-rabbit immunoglobulin G (IgG)-horseradish peroxidase (HRP) (BS13278; Bioworld) and goat anti-mouse IgG-HRP (BS12478; Bioworld) were used in this study. Cell culture plates (96-well) were obtained from Fisher Scientific International, Inc. (Hampton, NH, USA). The enzyme-labeling detection instrument (SpectraMax Plus 384) was obtained from Molecular Devices (Sunnyvale, CA, USA), while the electrophoresis (Mini-Protean<sup>®</sup> Tetra system) and gel imaging (ChemiDoc<sup>™</sup> XRS+) systems were purchased from Bio-Rad (Hercules, CA, USA). The serum levels of BNP, TnT and D-Dimer were evaluated using enzyme-linked immunosorbent assay (ELISA) using commercially available kits (96T; Yifeng Biotechnology Co., Ltd., Shanghai, China).

**Experimental design.** A total of 108 Sprague-Dawley rats were randomly divided into six groups (n=18), based on their weight, by random numbers generated in SPSS (SPSS, Inc., Chicago, IL, USA). The groups included control, sham, model and low-, medium- and high-dose aspirin (150, 300 and 600 mg/kg, respectively). Rats were dosed once by gavage on day one and once again 40 min prior to surgery. Having established the model, the rats in each group were administered with the corresponding drugs by gavage at 6, 24 and 48 h. The rats in the control, sham and model groups were administered with 2 ml normal saline (NS) and the same volume was given to the aspirin dosing groups, once a day, for three consecutive days. In addition, the rats accessed water and solid food *ad libitum* throughout the experimental procedure.

**Induction of the animal model.** The rat model of APE was induced by the local injection of an autologous thrombus (11). Briefly, blood was collected from the orbital vein and the blood was allowed to clot at room temperature for 4 h. The clots were trimmed to ~2 mm<sup>3</sup>, prior to NS being added to suspend the clots. According to the body weights of the rats, different doses of chloral hydrate were injected for anesthetization. The right jugular vein was subsequently separated and jugular venous catheterization was performed. Following this, 0.5 ml of the thrombus suspension (containing ~15-20 clots) was injected into the rat using a 1 ml syringe. Rats in the sham group were administered with 0.5 ml NS via the right jugular vein, while the rats in the control group did not receive any intervention. The three aspirin groups were administered with aspirin on the basis of the APE model.

**Analysis of ERK, PI3K, Akt, BNP, TnT and D-Dimer levels.** Six rats were randomly selected at 6, 24 and 72 h subsequent to the induction of the APE model, respectively. The lungs and blood were then collected from the chloral hydrate-anesthetized rats and western blot analyses were used to evaluate the expression of ERK, PI3K and Akt. Briefly, the superior lobe of the left lung was collected for protein extraction. Following this, the protein concentration was determined using the

bicinchoninic acid method, by measuring the absorbance at 562 nm and determining the protein concentration from a standard curve. Polyacrylamide gel electrophoresis was subsequently performed and the proteins were transferred to a polyvinylidene difluoride membrane and blocked. The proteins were incubated with primary antibody, prior to being washed and incubated with a secondary antibody. Enhanced chemiluminescent imaging was then performed and the optical density values of ERK, PI3K and Akt were compared with the optical density value of  $\beta$ -actin using ImageJ software (Rasband WS, National Institutes of Health, Bethesda, MD, USA). The levels of BNP, TnT and D-Dimer were measured using commercially available ELISA kits. Pulmonary pathology was also examined, as follows: Subsequent to the examination of the gross pathology of the lung, the lung tissue was fixed by 10% formalin for 24 h, prior to paraffin-embedded sections being prepared and stained with hematoxylin and eosin (H&E) reagents. Pathologists were asked to examine the pathological changes visible in the lung sections.

**Statistical analysis.** Experiments were performed independently at least three times. Statistical analyses were performed using the SPSS 19.0 statistical software package (SPSS, Inc.). Data are expressed as the arithmetic mean  $\pm$  standard deviation. The results of the ELISA were compared using multi-factorial analysis of variance (ANOVA) and the western blot analyses were compared using one-way ANOVA followed by least significant difference or Student-Newman-Keuls tests. An  $\alpha$  value of  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Western blot analysis.** Compared with the model group, the levels of ERK, PI3K and Akt were significantly decreased in the control, sham and the three aspirin groups at the three time-points ( $P < 0.001$  or  $P < 0.01$ ) with the exception of the levels measured at 24 h in the medium-dose aspirin group (Tables I-III; Figs. 1-3). The results of the western blot analysis showed that the protein levels of ERK, PI3K and Akt were markedly higher in the model group than in the other groups (Fig. 4).

**ELISA analysis.** The levels of BNP, TnT and D-Dimer were compared with those of the model group at the corresponding time-points. The results showed that the levels were significantly lower in the control and sham groups than the model group at 6, 24 and 72 h subsequent to the model induction.

Decreased levels of BNP were observed in the aspirin-treated groups compared with the model group at the different time-points, with a significant decrease in BNP levels in the low-dose aspirin group at 6 h subsequent to model induction ( $P < 0.05$ ) and in the low-, medium- and high-dose aspirin groups 24 h subsequent to model induction ( $P < 0.001$ ). In addition, the results at different time-points were compared with the result at 6 h subsequent to model induction within each group. The results showed that at 24 h subsequent to model induction, the BNP levels significantly increased in the model group ( $P < 0.01$ ). However, the levels of BNP decreased significantly in the medium-dose aspirin group ( $P < 0.05$ ; Table IV and Fig. 5).

Table I. ERK1/2 level at different time-points in the six groups.

Group	6 h	24 h	72 h
Control	0.945±0.008 <sup>a</sup>	1.037±0.017 <sup>a</sup>	1.075±0.007 <sup>a</sup>
Sham	0.807±0.023 <sup>a</sup>	0.991±0.007 <sup>a</sup>	0.956±0.012 <sup>a</sup>
Model	1.281±0.033	1.407±0.027	1.505±0.019
Low-dose aspirin	0.692±0.018 <sup>a</sup>	1.140±0.017 <sup>a</sup>	1.371±0.009 <sup>a</sup>
Medium-dose aspirin	0.803±0.013 <sup>a</sup>	1.437±0.043	1.149±0.008 <sup>a</sup>
High-dose aspirin	0.890±0.016 <sup>a</sup>	1.091±0.012 <sup>a</sup>	1.371±0.045 <sup>a</sup>
F-value	304.455	199.379	294.028
P-value	0.000	0.000	0.000

Results are presented as the mean ± standard deviation (n=6) relative to β-actin. <sup>a</sup>P<0.001, as compared with the model group. ERK, extracellular regulated protein kinase.

Table II. PI3K level at different time-points in the six groups.

Group	6 h	24 h	72 h
Control	0.102±0.001 <sup>a</sup>	0.095±0.001 <sup>a</sup>	0.040±0.001 <sup>a</sup>
Sham	0.096±0.004 <sup>a</sup>	0.086±0.002 <sup>a</sup>	0.043±0.004 <sup>a</sup>
Model	0.144±0.004	0.129±0.002	0.090±0.002
Low-dose aspirin	0.073±0.001 <sup>a</sup>	0.096±0.001 <sup>a</sup>	0.058±0.001 <sup>a</sup>
Medium-dose aspirin	0.108±0.003 <sup>a</sup>	0.126±0.003	0.054±0.001 <sup>a</sup>
High-dose aspirin	0.062±0.001 <sup>a</sup>	0.103±0.001 <sup>a</sup>	0.058±0.001 <sup>a</sup>
F-value	335.104	280.845	249.328
P-value	0.000	0.000	0.000

Results are presented as the mean ± standard deviation (n=6) relative to β-actin. <sup>a</sup>P<0.001, as compared with the model group. PI3K, phosphoinositide 3 kinase.

Table III. Akt levels at different time-points in the six groups.

Group	6 h	24 h	72 h
Control	0.033±0.001 <sup>a</sup>	0.081±0.001 <sup>a</sup>	0.350±0.009 <sup>a</sup>
Sham	0.032±0.001 <sup>a</sup>	0.079±0.001 <sup>a</sup>	0.361±0.030 <sup>a</sup>
Model	0.063±0.001	0.133±0.001	0.534±0.005
Low-dose aspirin	0.055±0.001 <sup>a</sup>	0.101±0.001 <sup>a</sup>	0.490±0.013 <sup>b</sup>
Medium-dose aspirin	0.050±0.001 <sup>a</sup>	0.136±0.001 <sup>a</sup>	0.493±0.012 <sup>b</sup>
High-dose aspirin	0.038±0.001 <sup>a</sup>	0.067±0.001 <sup>a</sup>	0.401±0.012 <sup>a</sup>
F-value	732.081	7443.823	74.888
P-value	0.000	0.000	0.000

Results are presented as the mean ± standard deviation (n=6) relative to β-actin. <sup>a</sup>P<0.001, <sup>b</sup>P<0.01, as compared with the model group. Akt, protein kinase B.

Similarly, as compared with the model group, the TnT levels were markedly decreased in the low-dose aspirin group at 6 h subsequent to model induction (P<0.05). A significant decrease in TnT levels was also observed in the low-, medium- and

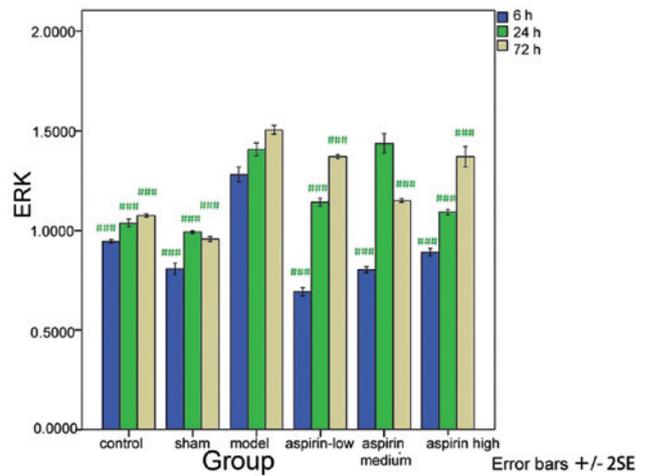


Figure 1. Extracellular regulated protein kinases (ERK) level at different time-points subsequent to model induction in the six groups. ###P<0.001, as compared with the model group.

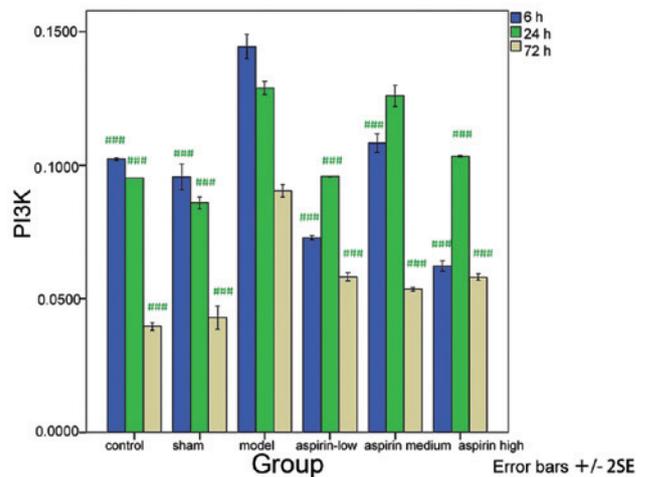


Figure 2. Phosphoinositide 3 kinase (PI3K) level at different time-points subsequent to model induction in the six groups. ###P<0.001, as compared with the model group.

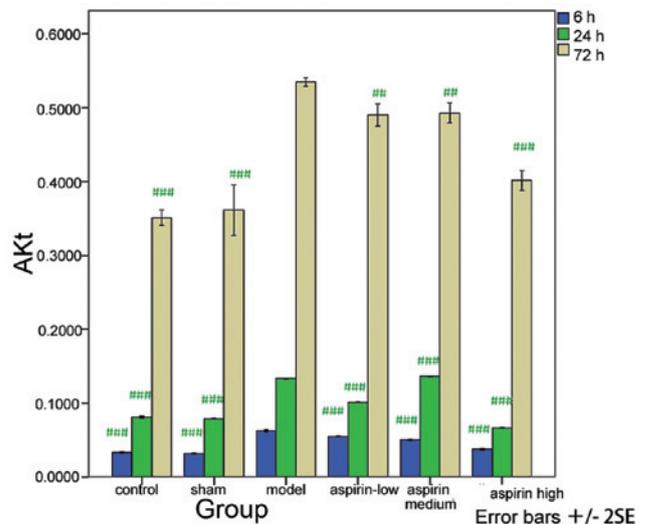


Figure 3. Protein kinase B (Akt) level at different time-points subsequent to model induction in the six groups. ##P<0.01, ###P<0.001, as compared with the model group.

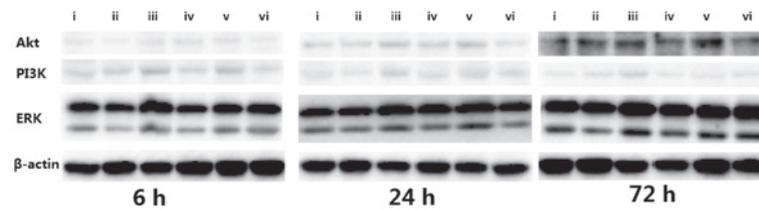


Figure 4. Expression of extracellular signal-regulated protein kinases (ERK), phosphoinositide 3 kinase (PI3K) and protein kinase B (Akt) at different time-points subsequent to model induction in the six groups: i) Control, ii) sham, iii) model, iv) low-dose aspirin, v) medium-dose aspirin and vi) high-dose aspirin. The expression of ERK, PI3K and Akt was evaluated using western blot analysis. Higher expression levels of ERK, PI3K and Akt were shown in the model group.

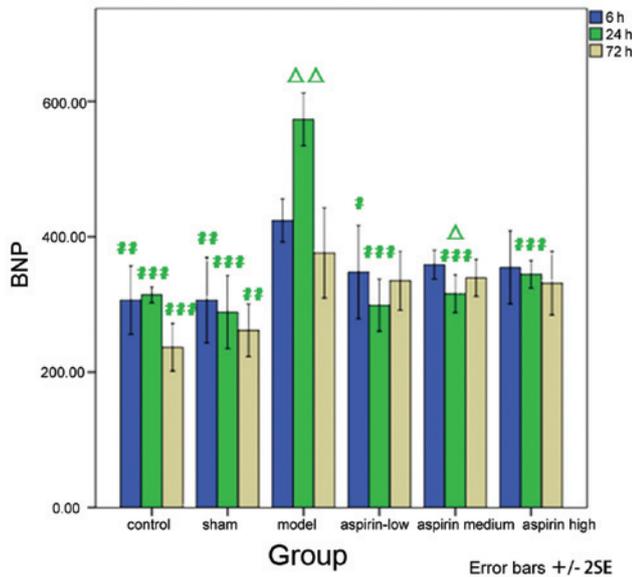


Figure 5. Brain natriuretic peptide (BNP) level (pg/ml) at different time-points subsequent to model induction in the six groups. #P<0.05, ##P<0.01, ###P<0.001, as compared with the model group; ΔP<0.05, ΔΔP<0.01, as compared with the result at the 6-h time-point within the same group.

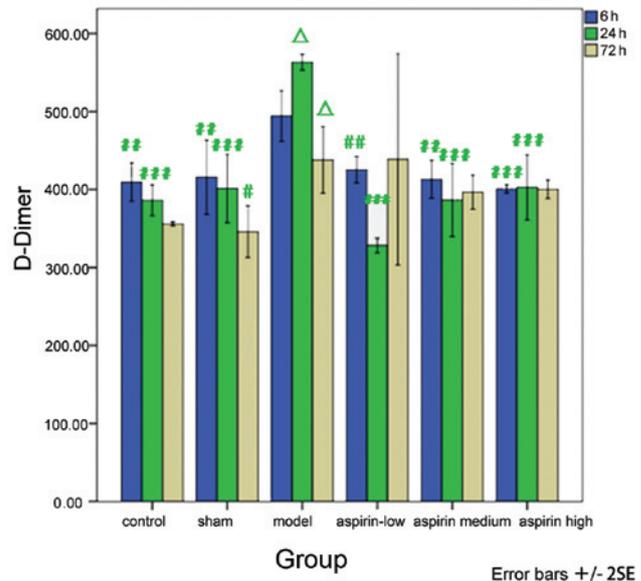


Figure 7. D-Dimer level (ng/ml) at different time-points subsequent to model induction in the six groups. #P<0.05, ##P<0.01, ###P<0.001, as compared with the model group; ΔP<0.05, as compared with the result at 6 h within the same group.

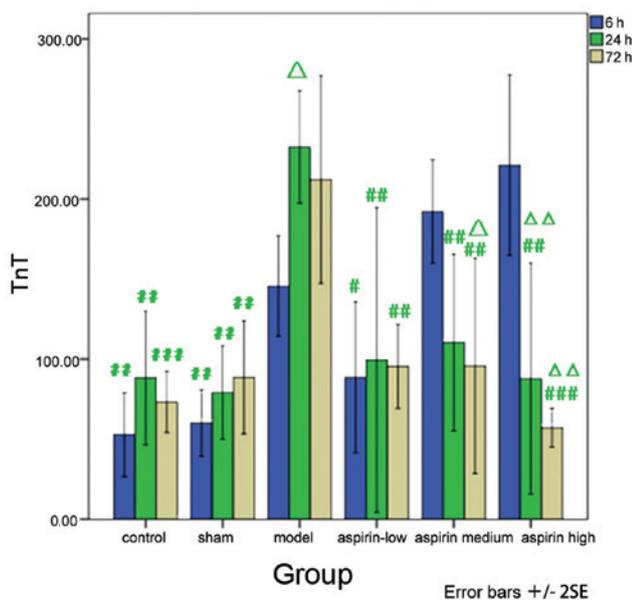


Figure 6. Troponin (TnT) level (pg/ml) at different time-points subsequent to model induction in the six groups. #P<0.05, ##P<0.01, ###P<0.001, as compared with the model group; ΔP<0.05, ΔΔP<0.01, as compared with the result at 6 h within the same group.

high-dose aspirin groups 24 h subsequent to model induction (P<0.01). In addition, the results obtained at the different time-points were compared with the observations made 6 h subsequent to model induction within each group. The results showed that the levels of TnT increased significantly in the model group 24 h subsequent to model induction (P<0.05). However, a significant decrease in the levels of TnT was observed in the medium (P<0.05) and high-dose aspirin (P<0.01) groups at 72 h and in the high-dose aspirin group at 24 h subsequent to model induction (P<0.01; Table V and Fig. 6).

With regard to the D-Dimer levels, a significant decrease was observed in the low-, medium- and high-dose aspirin groups at 6 and 24 h subsequent to model induction as compared with the model group (P<0.01 or P<0.001). When comparing the results at different time-points with the observations made 6 h subsequent to model induction within each group, it was revealed that the levels of D-Dimer were significantly increased 24 h subsequent to model induction (P<0.05) and significantly decreased 72 h subsequent to model induction (P<0.05) in the model group (Table VI and Fig. 7).

*Pathological examination.* In addition to the analysis of protein levels, pathological examinations of the lungs were performed.

Table IV. BNP level at different time-points in the six groups.

Group	6 h (pg/ml)	24 h (pg/ml)	72 h (pg/ml)
Control	306.59±50.65 <sup>b</sup>	314.32±11.60 <sup>c</sup>	236.93±35.30 <sup>c</sup>
Sham	306.36±63.45 <sup>b</sup>	288.64±53.82 <sup>c</sup>	261.93±38.91 <sup>b</sup>
Model	423.98±31.92	573.41±38.95 <sup>c</sup>	376.02±66.67
Low-dose aspirin	347.95±68.94 <sup>a</sup>	299.09±38.62 <sup>c</sup>	335.23±43.71
Medium-dose aspirin	358.86±21.45	316.02±28.00 <sup>c,d</sup>	339.43±27.36
High-dose aspirin	354.89±54.05	344.55±20.47 <sup>c</sup>	331.59±47.19

Results are presented as the mean ± standard deviation (n=6). <sup>a</sup>P<0.05, <sup>b</sup>P<0.01, <sup>c</sup>P<0.001 as compared with the model group; <sup>d</sup>P<0.05, <sup>e</sup>P<0.01 as compared with 6 h within the same group. F-value among different groups, 15.843; P=0.0001. F-value for block effects, 4.184; P=0.02. BNP, brain natriuretic peptide.

Table V. TnT level at different time-points in the six groups.

Group	6 h (pg/ml)	24 h (pg/ml)	72 h (pg/ml)
Control	52.79±26.27 <sup>b</sup>	88.27±41.75 <sup>b</sup>	73.27±19.17 <sup>c</sup>
Sham	60.19±20.75 <sup>b</sup>	79.23±29.21 <sup>b</sup>	88.63±35.33 <sup>b</sup>
Model	145.67±31.38	232.50±35.12 <sup>d</sup>	212.21±64.92
Low-dose aspirin	88.75±47.13 <sup>a</sup>	99.52±95.19 <sup>b</sup>	95.48±26.23 <sup>b</sup>
Medium-dose aspirin	192.21±32.29	110.48±55.13 <sup>b</sup>	95.87±67.31 <sup>b,d</sup>
High-dose aspirin	221.15±56.37	87.88±72.17 <sup>b,e</sup>	57.21±12.15 <sup>c,e</sup>

Results are presented as the mean ± standard deviation (n=6). <sup>a</sup>P<0.05, <sup>b</sup>P<0.01, <sup>c</sup>P<0.001 as compared with model group; <sup>d</sup>P<0.05, <sup>e</sup>P<0.01 as compared with 6 h within the same group. F-value among different groups, 7.618; P=0.0001. F-value for block effects, 0.929; P=0.400. TnT, troponin.

Table VI. D-Dimer level at different time-points in the six groups.

Group	6 h (ng/ml)	24 h (ng/ml)	72 h (ng/ml)
Control	409.55±24.54 <sup>b</sup>	386.25±19.84 <sup>c</sup>	356.07±2.80
Sham	415.71±47.81 <sup>b</sup>	401.34±43.61 <sup>c</sup>	345.89±33.35 <sup>a</sup>
Model	494.38±32.69	563.30±10.36 <sup>d</sup>	438.13±42.70 <sup>d</sup>
Low-dose aspirin	425.54±17.12 <sup>b</sup>	328.21±9.41 <sup>c</sup>	438.84±135.69
Medium-dose aspirin	413.21±24.39 <sup>b</sup>	386.61±46.88 <sup>c</sup>	396.61±21.99
High-dose aspirin	400.80±5.20 <sup>c</sup>	402.86±41.83 <sup>c</sup>	400.36±11.84

Results are presented as the mean ± standard deviation (n=6) <sup>a</sup>P<0.05, <sup>b</sup>P<0.01, <sup>c</sup>P<0.001 as compared with the model group; <sup>d</sup>P<0.05, as compared with 6 h within the same group. F-value among different groups, 8.602; P=0.0001. F-value for block effects, 2.141; P=0.126.

The structural integrity of the lung was maintained in the control and sham groups. However, pulmonary embolism, alveolar wall necrosis and alveolar hemorrhage were observed in the model group 6, 24 and 72 h subsequent to model induction. Indications of inflammatory cell infiltration and alveolar

wall thickening and congestion were also observed. The congestion and inflammation were significantly attenuated following treatment with aspirin (Figs. 8-10).

## Discussion

APE is one of the most important global health concerns, with a high incidence and mortality around the world. The incidence of APE is ~0.5% in Western countries and the mortality from APE is 25-30% for untreated patients. Studies have demonstrated that there is widespread inflammation following APE and the interaction between the blood clotting products and inflammatory cells aggravates pathological reactions (1,2,12).

In the present study, the levels of factors involved in inflammation, such as ERK, PI3K and Akt, were observed to markedly change following APE. Mitogen-activated protein kinase pathways are important intracellular signaling pathways, among which the ERK signaling pathway is closely associated with cell proliferation (13). There are two closely related ERK isoforms, ERK1 and ERK2, which are often referred to as ERK1/2. A number of factors, including growth factors, irradiation and hydrogen peroxide, phosphorylate ERK1/2 to P-ERK1/2, which is subsequently transported into the nucleus where it interacts with transcription factors, such as nuclear factor- $\kappa$ B (NF- $\kappa$ B), to regulate the transcription of target genes. The activation of target genes, in turn, affects the function and metabolic activity of the cells and affects cell proliferation and the synthesis of protein and collagen (14).

The enhanced expression of P-ERK1/2 has been demonstrated in the lung tissues of rats with acute lung injury induced by lipopolysaccharide (LPS) (4), which suggests that ERK is critical in the inflammatory reactions mediated by TNF- $\alpha$  and IL-12. In the study by Shi *et al* (6), these observations were further supported when it was shown that LPS activated the ERK pathway and induced the expression of TNF- $\alpha$ . The activation of the ERK pathway may be important in the synthesis and secretion of inflammatory factors by macrophages (7), indicating that ERK is important in the process of inflammatory reactions.

By contrast, the PI3K/Akt pathway is an intracellular signaling pathway, which affects cell proliferation, apoptosis and differentiation. PI3K is widely distributed in the lung, heart and brain. PI3K/Akt consists of two subunits, p110 (a 110x103 kDa catalytic subunit) and p85 (an 85x1,000 kDa regulatory subunit) (15). Akt, also known as protein kinase B, is a serine/threonine protein kinase (16) and is the downstream target protein of PI3K. The PI3K/Akt pathway may mediate the activation and migration of immune/inflammatory cells and be important in the pathology of asthma.

A previous study (8) demonstrated that there was a significant upregulation of Akt in rats with experimental asthma and that the expression of PI3K/Akt was also significantly higher than that observed in the control group. In addition, a number of other studies have shown that the PI3K/Akt pathway is involved in the pathology of hypoxic pulmonary hypertension, while a PI3K/Akt pathway inhibitor prevented pulmonary hypertension (9,10). Furthermore, the PI3K/Akt pathway participates in inflammatory responses and hypoxia.

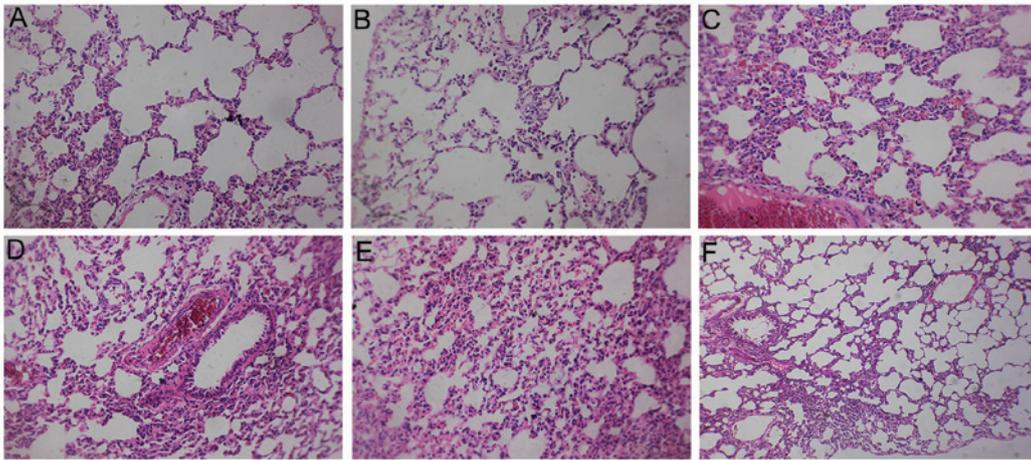


Figure 8. Pathological changes in lung tissues at 6 h subsequent to model induction in the six groups (hematoxylin and eosin staining; magnification, x200). (A) Control, (B) sham, (C) model, (D) low-dose aspirin, (E) medium-dose aspirin and (F) high-dose aspirin.

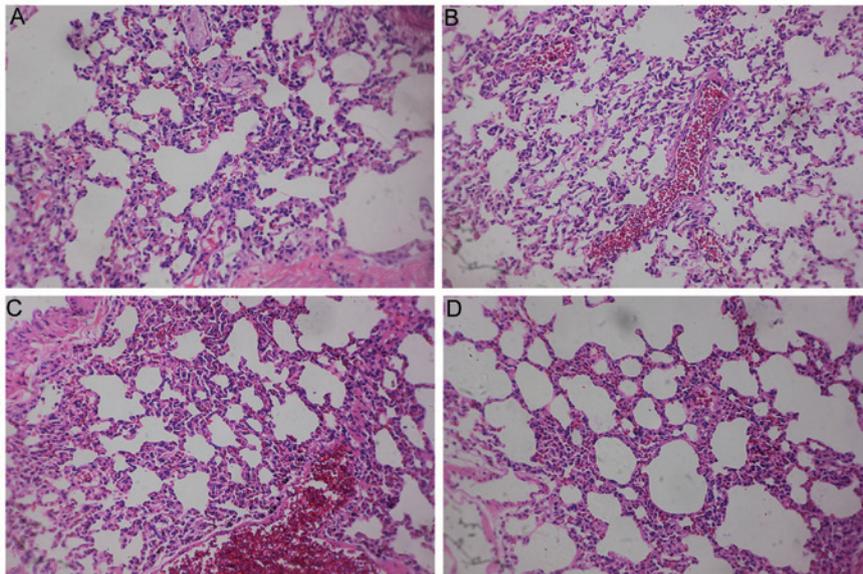


Figure 9. Pathological changes in lung tissues at 24 h subsequent to model induction in the six groups (hematoxylin and eosin staining; magnification, x200). (A) Model, (B) low-dose aspirin, (C) medium-dose aspirin and (D) high-dose aspirin.

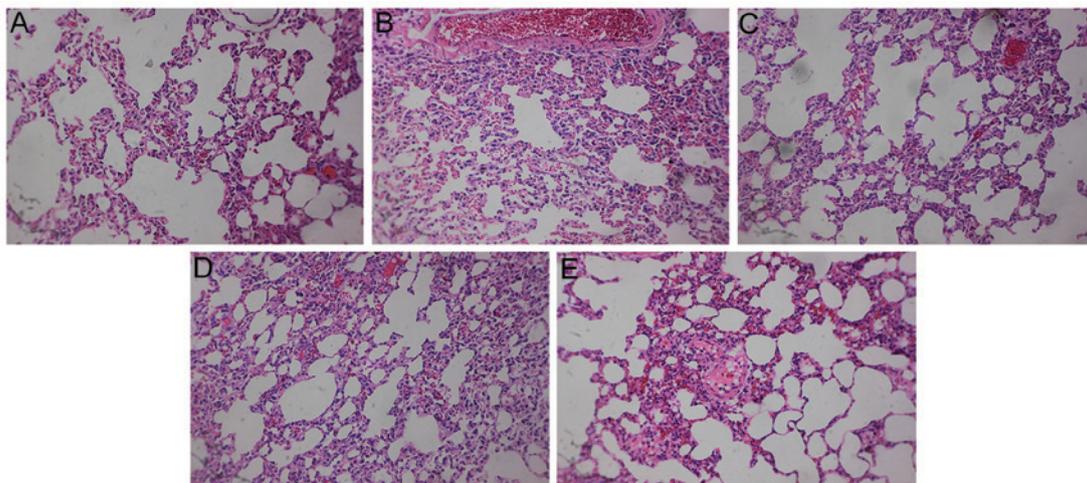


Figure 10. Pathological changes in lung tissues at 72 h subsequent to model induction in the six groups (hematoxylin and eosin staining; magnification, x200). (A) Sham, (B) model, (C) low-dose aspirin, (D) medium-dose aspirin and (E) high-dose aspirin.

However, no study has yet investigated the expression of ERK, PI3K and Akt following APE, and only very few studies have explored the effects of aspirin on the expression of ERK and PI3K/Akt (17,18).

In the present study, increased levels of ERK, PI3K and Akt were observed in the lung tissues at 6, 24 and 72 h subsequent to model induction. By contrast, treatment with different doses of aspirin resulted in the decreased expression of these proteins, suggesting that aspirin may downregulate the expression of ERK, PI3K and Akt in rat lungs. Downregulation in these signaling pathways may, in turn, inhibit the expression of the inflammatory cytokines TNF- $\alpha$ , IL-1 $\beta$  and IL-8 (1) and attenuate the inflammatory responses following APE.

The characteristics of APE are alveolar wall necrosis and hemorrhage. In the present study, the pathological changes that were observed demonstrated that the model was induced successfully and that aspirin was capable of ameliorating the congestion and inflammation of the lung. This indicated that the inhibition of ERK, PI3K and Akt was potentially the mechanism involved in the protective effects of aspirin.

The 'Guidelines on the diagnosis and management of acute pulmonary embolism' (3) have recommended that the levels of prognostic markers, such as serum BNP, TnT and D-Dimer, are evaluated, since this may be beneficial for the prediction of the prognosis of patients with APE at an early stage. Low levels of BNP, TnT and D-Dimer have been correlated with a favorable prognosis, such as lower mortality and positive outcomes. In patients with APE, the sharply increased right ventricular pressure may compress the right coronary artery and result in myocardial damage; the balance of oxygen supply/demand in the right ventricle may also be disturbed, leading to an increased expression of TnT.

BNP is always secreted by ventricular myocytes. Ventricular dilatation is capable of stimulating the synthesis and secretion of BNP, which is not always interrelated with the function of the right ventricle. D-Dimer is a degradation product of cross-linked fibrin. As a specific fibrinolytic marker, D-Dimer is widely used in the diagnosis of APE. Although the specificity of D-Dimer in diagnosing APE is relatively low, the sensitivity is high. In the present study, significant increases were observed in the serum levels of BNP, TnT and D-Dimer in the model group 6 and 24 h subsequent to model induction, particularly at 24 h. At the 72-h time-point, the serum levels of BNP, TnT and D-Dimer began to decrease. However, treatment with aspirin significantly decreased the levels of BNP, TnT and D-Dimer, suggesting that aspirin treatment may result in a more favorable prognosis. Moreover, serum levels of BNP, TnT and D-Dimer may be important in the protective effects of aspirin.

In conclusion, treatment with aspirin reduced lung damage in a rat model of APE and improved the prognosis of the rats. Decreased expression levels of ERK, PI3K and Akt in the lungs of rats with APE and reduced serum levels of BNP, TnT and D-Dimer may be important in these effects.

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