Associations of adiponectin receptor 2 (AdipoR2) gene polymorphisms and AdipoR2 protein expression levels with the risk of colorectal cancer: A case-control study

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Received July 29, 2016; Accepted May 4, 2017

DOI: 10.3892/mmr.2017.7115

Abstract. The aim of the present study was to investigate the associations between adiponectin receptor 2 (AdipoR2) gene polymorphisms, AdipoR2 protein expression levels and the risk of colorectal cancer (CRC). From April 2012 to May 2015, 281 CRC patients (case group) admitted to the China-Japan Friendship Hospital and 325 healthy control subjects (control group) were recruited for the study. Peripheral venous blood samples were collected and the DNA was extracted. Genotyping was performed using denaturing high-performance liquid chromatography in the condition of partial degeneration. Linkage disequilibrium and haplotype were analyzed using SHEsis analysis software. AdipoR2 protein expression levels were detected by immunohistochemistry and logistic regression analysis was performed to determine the risk factors of CRC. The distribution of the TT genotype of AdipoR2 rs10773989 and the CC genotype of AdipoR2 rs1044471 was higher in the case group than in the control group (P<0.05). The AdipoR2 rs10773989 polymorphism was associated with the degree of tumor infiltration in CRC (P<0.05) and the AdipoR2 rs1044471 polymorphism was associated with the degree of differentiation and Dukes' staging in CRC (P<0.05). The CT haplotype was identified as a protective factor, while the TC haplotype was a risk factor in a healthy population. AdipoR2 protein expression was associated with the degree of differentiation, Dukes' staging, degree of tumor infiltration and lymphatic metastasis in CRC

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(all P<0.05). Logistic regression analysis demonstrated that the TT genotype of *AdipoR2* rs10773989 and CC genotype of *AdipoR2* rs1044471 were independent risk factors for CRC. The *AdipoR2* rs10773989 and rs1044471 polymorphisms may be correlated with the susceptibility to CRC. In addition, the TC haplotype and AdipoR2 positive expression may increase the risk of CRC.

Introduction

Colorectal cancer (CRC) is a leading cause of cancer morbidity and mortality worldwide, and it is estimated that there are ~1.2 million newly diagnosed patients annually and >600,000 patients succumbing to the disease globally (1). In addition, CRC has been long prevalent in western populations, accounting for ~142,570 novel cases and 51,370 cancer-associated mortalities in the United States in 2010 (2). CRC is characterized by late clinical presentation and a relatively rapid disease progression, which is the primary underlying reason for increased mortality and morbidity in patients suffering from this malignancy (3). However, advances in treatment modalities, including surgery, radiation therapy and chemotherapy, have steadily improved the 5-year survival rate for CRC (4). Etiologically, interactions of genetic and environmental factors are considered to be significant in the pathogenesis of CRC (5). Certain epidemiological studies have reported that western dietary and behavior patterns, such as high fat, low fiber intake and deficiency of physical activity, which leads to obesity, insulin resistance and hypertension, were the predominant reason for increasing incidence of CRC, particularly in developing countries (6,7). However, the associations between important adipokines, specifically between adiponectin (ADIPOQ) and its receptors (AdipoRs) and the risk of CRC have been demonstrated in a number of epidemiological studies (8,9).

ADIPOQ, secreted exclusively by adipocytes, is a peptide hormone and insulin-sensitizing adipokine including two receptors, AdipoR1 (abundant in skeletal muscle cells) and AdipoR2 (predominantly in the liver cells) (10). AdipoR2 is a protein, which in humans is encoded by the *AdipoR2* gene (11). AdipoR2, possessing 7 transmembrane domains,

Key words: colorectal cancer, adiponectin receptor 2, gene polymorphism, immunohistochemistry, risk factor, haplotype, rs10773989, rs1044471

mediates a number of metabolic processes, consisting of fatty acid oxidation and glucose uptake by ADIPOQ (12). Notably, AdipoRs have been observed to be expressed in human malignant cells, such as CRC, breast and prostate cancer, and to mediate the anticancer activities of ADIPOQ in the cells (13). Furthermore, certain single nucleotide polymorphisms (SNPs) in the AdipoR2 gene, such as rs1342387, rs1063538, rs266729 and rs1862513, may be associated with CRC risk (6,13-15). In addition, rs10773989 and rs1044471 in the AdipoR2 gene have been reported to be associated with various types of disease, such as type 2 diabetes, and prostate and gastric cancer (16-18). However, such associations between the SNPs in AdipoR2 and CRC remain controversial (19,20). In the current study, a case-control study was performed to systemically evaluate the associations of AdipoR2 rs10773989 and rs1044471 SNPs and AdipoR2 protein expression levels with the risk of CRC.

Materials and methods

Ethical approval. The present study was approved by the Ethics Committee of China-Japan Friendship Hospital (Beijing, China). All study participants provided written informed consent and the study conformed to the Declaration of Helsinki (21).

Study subjects. From April 2012 to May 2015, a total of 281 blood samples (3 ml each) were obtained from 281 hospitalized CRC patients from the China-Japan Friendship Hospital, who had been pathologically confirmed according to World Health Organization (WHO) guidelines. These 281 patients formed the case group (male, 165; female, 116; age range, 40-82 years; mean age, 60.40±10.40 years) (22). The inclusion criteria were as follows: i) Patients with non-primary CRC; and ii) patients that had received preoperative chemotherapy or radiotherapy. During the corresponding period, a total of 325 blood samples (3 ml each) were collected from 325 healthy control subjects (male, 196; female, 129; age range, 44-91 years; mean age, 61.07±10.32 years), who had received a physical examination at the China-Japan Friendship Hospital, this group served as the control. The exclusion criteria were as follows: i) Healthy control subjects of a different ethnic background to the patients; ii) age differences between healthy control subjects and the patients >3 years; iii) healthy control subjects in sibship with the patients; iv) healthy control subjects with tumors or diseases of the digestive system. The two groups were matched according to age (P>0.05) and gender (P>0.05). Following resection, the CRC tissue samples from all of the patients were dehydrated and embedded in paraffin for immunohistochemistry. In addition, 20 adjacent normal colon mucosa tissue samples (>5 cm from the carcinoma) were randomly collected from the patients.

DNA collection and genotyping. Peripheral blood (3 ml) was obtained in the morning from fasted CRC patients and healthy control subjects, respectively. The plasma was removed by centrifugation at 3,000 x g and room temperature for 15 min, 3 ml human erythrocyte lysate was added and mixed for 5 min to dissolve the erythrocyte and centrifuged at 10,000 x g for 30 sec for leukocyte sedimentation. After the addition of cell lysate, DNA was extracted using a DNA kit (Qiagen

GmbH, Hilden, Germany) according to the manufacturer's instructions. An ultraviolet spectrophotometer (UV2600; Zhengzhou Nanbei Instrument Equipment Co., Ltd, China) was used to determine the DNA content and absorbance ratio (A; A_{260}/A_{280}), which was between 1.8 and 2.0. In the current study, rs10773989 and rs1044471 of the *AdipoR2* gene were selected to evaluate their association with the risk of CRC. The amplification primers for *AdipoR2* rs10773989 and rs1044471 were designed using Primer Premier 5.0 software (Premier Biosoft International, Palo Alto, CA, USA), and synthesized by Shanghai Sangon Biotechnology Co. Ltd. (Table I).

The reaction conditions of the polymerase chain reaction (PCR) were as follows: 35 Cycles of pre-denaturation at 94°C for 2 min, denaturation at 94°C for 1 min, annealing at 52°C for 1 min, extension at 72°C for 1 min, followed by a final extension at 72°C for 5 min, then stored at 4°C. Genotyping was performed using denaturing high-performance liquid chromatography (DHPLC) in the condition of partial degeneration, with column temperature of 59.3°C and a flow rate of the mobile phase of 0.9 ml/min. The genotyping of rs10773989 was performed in two steps: i) The double-peak elution profile in DHPLC indicated heterozygotes (TC genotype) (Fig. 1A); and ii) the polymerase chain reaction (PCR) samples presenting a single-peak were mixed with an equal quantity of TT genotype sample confirmed by sequencing, and then genotyped by DHPLC, consequently, the single-peak elution profile indicated the TT genotype and the double-peak elution profile demonstrated the CC genotype (Fig. 1B). Mutation of the T and C allele was confirmed by sequencing, as presented in Fig. 1C. The genotyping of rs1044471 was also conducted in two steps: i) The double-peak elution profile in DHPLC indicated heterozygote (CT genotype; Fig. 2A); and ii) the PCR samples presenting a single-peak were mixed with an equal quantity of CC genotype sample, confirmed by sequencing, and then genotyped by DHPLC; consequently, the single-peak elution profile indicated the CC genotype and the double-peak elution profile suggested the TT genotype (Fig. 2B). Mutation of the T and C allele was confirmed by sequencing (Fig. 2C).

Immunohistochemistry. All collected tissue samples were fixed in 10% neutral buffered formalin, embedded in paraffin, sliced into 4-µm sections, and subjected to immunohistochemistry. The paraffin sections were baked, deparaffinized, dehydrated by successive soaking in dimethylbenzene, absolute ethyl alcohol, and 95 and 75% ethyl alcohol, and then washed in phosphate-buffered saline (PBS) three times. The tissue sections were immersed in antigen retrieval (AR) solution containing citric acid, and heated in a microwave oven for 12 min for AR. Subsequent to washing with PBS, H_2O_2 was added dropwise to block the peroxidase activity, and 50 μ l endogenous biological blocker (solution A) was added dropwise and incubated at room temperature for 13 min to block tissue protein. Solution A was removed and 50 μ l goat serum (solution B) was added and incubated at room temperature for 10 min, then the serum was removed. Primary antibody, rabbit anti-human AdipoR2 monoclonal antibodies (50 µl/section; cat. no. BS-0611R; Beijing Biosynthesis Biotechnology Co., Ltd., Beijing, China) at a dilution of 1:300 were diluted in Tris-buffered saline containing 2.5% bovine serum albumin.



Table I. Polymerase chain reaction primers for genotyping of adiponectin receptor 2 gene polymorphisms.

Polymorphic locus	Primer sequence (5'-3')	Location	Length (bp)
rs10773989		intron	325
Reverse	ATTCCAGACAAAGCGGAAGT		
Forward	CTGAAGACAATAAACCACAC		
rs1044471		intron	398
Reverse	TTCCTAGACCAAGTACCTTAAG		
Forward	TCAGGCACTGCACCAGTTCAT		

R, reverse; F, forward.



Figure 1. Denaturing high-performance liquid chromatography elution profiles of genotypes in rs10773989 and sequencing results of polymerase chain reaction products. (A) The double-peak elution profile indicated heterozygotes (TC genotype), and the single-peak elution profiles indicated the TT and CC genotype. (B) The single-peak elution profile indicated the TT genotype and the double-peak elution profile indicated the CC genotype. (C) A peak graph for sequencing of the T and C mutations.

Biotinylated goat anti-rabbit IgG (1:200; cat. no. BA-1000; Vector Laboratories, Inc., Burlingame, CA, USA) served as the secondary antibody. All sections were stained with 3,3'-diaminobenzidine for 3-10 min and then re-stained with hematoxylin.

The results of immunohistochemistry were observed at a magnification of x400 under an Olympus CKX41 inverted microscope, and analyzed using Image-Pro Plus v4.5 software (Media Cybernetics, Inc., Rockville, MD, USA) and the ZINO DH-CG 300 image analysis system (version 410; Beijing Daheng Image Vision Co. Ltd., Beijing, China). Eight high-power fields (HPFs) per section were randomly observed under the microscope (magnification, x400) with 100 cells per HPF counted. The staining results were semi-quantitatively scored (the score of the percentage of stained cells x the score of staining intensity). The percentage of stained cells was scored as follows: 0 (negative) for <5% stained cells; 1 (weak positive) for 6-20% stained cells; 2 (positive) for 21-50% stained cells; 3 (strong positive) for >50% stained cells. The staining intensity was scored as: 0 (negative) for no intensity; 1 (weak positive) for light yellow; 2 (positive) for pale brown; and 3 (strong positive) for sepia. The staining results were divided into four grades as follows: i) 0, negative; ii) 1-3, weak positive; iii) 4-6, moderate positive; iv) 7-9, strong positive (23).

Statistical analysis. Statistical software SPSS 21.0 (IBM Corp., Armonk, NY, USA) was used to analyze data. Enumeration data were presented as percentage or rate. The χ^2 test was applied for comparison of the genotype frequency differences between groups, and verified if the allele frequency was in Hardy-Weinberg equilibrium (HWE). Odds ratio (OR) and its 95% confidence interval (CI) was used



Figure 2. Denaturing high-performance liquid chromatography elution profiles of genotypes in rs1044471 and sequencing results of polymerase chain reaction products. (A) The double-peak elution profile indicated heterozygotes (CT genotype), and the single-peak elution profile indicated the CC and TT genotype. (B) The single-peak elution profile indicated the CC genotype and the double-peak elution profile indicated the TT genotype. (C) A peak graph for sequencing of the C and T mutations.

to demonstrate the associations of various genotypes with CRC risk. The enumeration data was demonstrated as the mean \pm standard deviation, and the differences of genotype frequency between groups were compared using the independent samples t-test. The haplotype frequency of rs10773989 and rs1044471 was analyzed using SHEsis analysis software, an online software platform that estimates haplotype frequencies (http://analysis.bio-x.cn/SHEsisMain.htm) (24). The pathogenic factors of the patients were analyzed using multivariate non-conditioned logistic regression analysis and P<0.05 was considered to indicate a statistically significant difference.

Results

Baseline characteristics of CRC patients and healthy control subjects. As presented in Table II, no significant differences in age, gender, smoking status, alcohol consumption, body mass index (BMI), total cholesterol (TC), triglyceride (TG), high-density lipoprotein cholesterol (HDL-C), or low-density lipoprotein cholesterol (LDL-C) were identified between the case group and the control group (P>0.05). A statistically significant difference was observed in tumor history between the case and control groups (P<0.05).

Correlations of AdipoR2 gene polymorphisms with the risk of CRC. The genotype distribution of polymorphic loci in the control group was calculated to be in HWE (P>0.05), indicating that the control subjects came from an equilibrium population and were therefore representative. As demonstrated in Table III, the frequencies of TC, CC, and TC + CC genotypes in AdipoR2 rs10773989 were 38.79, 12.10 and 50.89%, respectively in CRC patients, and 46.46, 16.00 and 62.46%, respectively in the healthy control subjects, indicating significant differences from the TT genotype frequencies in AdipoR2 rs10773989 (P<0.05). The frequencies of T and C alleles in AdipoR2 rs10773989 were 68.51 and 31.49%, respectively in CRC patients and 60.77 and 39.23%, respectively in healthy control subjects, which were significantly different (P<0.05). In AdipoR2 rs1044471, the frequencies of CT, TT, CT + TT genotypes in CRC patients were 30.60, 3.60 and 34.20%, respectively and were 38.15, 6.77 and 44.92%, respectively, in the healthy control subjects which were statistically different from the CC genotype frequency (P<0.05). In addition, the frequencies of C and T alleles in AdipoR2 rs10773989 were 81.14 and 18.86%, respectively in CRC patients and 74.15 and 25.85%, respectively in the healthy control subjects, and were significantly difference (P<0.05).

Correlations of AdipoR2 gene polymorphisms with clinicopathological features of CRC patients. According to the degree of tumor infiltration, CRC patients were divided into a serosal breakthrough group (n=219) and a non-serosal breakthrough group (n=62). In AdipoR2 rs10773989, the frequencies of the TC + CC and TT genotypes were 33.33 and 66.67%, respectively in the non-serosal breakthrough group, and 55.71 and 44.29%, respectively in the serosal breakthrough group (χ^2 =9.219; P=0.002). No correlation was identified between the genotype distribution of AdipoR2 rs10773989 and other clinicopathological features (P>0.05; Table IV). According to



Fable II. Baseline characteristics of	f patients with colorectal	cancer (n=281) an	nd healthy control subjects ((n=325)
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Characteristic	Case	Control	t/χ^2	P-value	
Age (years)	60.40±10.40	61.07±10.32	0.794	0.427	
Gender, n (%)			0.158	0.691	
Male	165 (58.72)	196 (60.31)			
Female	116 (41.28)	129 (39.69)			
Smoking status, n (%)			0.293	0.588	
Yes	79 (28.11)	85 (26.15)			
No	202 (71.89)	240 (73.85)			
Alcohol consumption, n (%)			0.553	0.457	
Yes	55 (29.57)	56 (17.23)			
No	226 (80.43)	269 (82.77)			
Tumor history, n (%)			5.454	0.019	
Yes	30 (10.68)	18 (6.15)			
No	251 (89.32)	307 (93.85)			
BMI (kg/m ²)	23.05±1.64	22.85±1.68	1.478	0.140	
TC (mmol/l)	5.10±0.88	4.98±0.72	1.846	0.065	
TG (mmol/l)	1.84±0.96	1.96±1.18	1.359	0.174	
LDL-C (mmol/l)	2.58±1.07	2.44±1.09	1.590	0.112	
HDL-C (mmol/l)	1.34±0.36	1.32±0.71	0.427	0.669	

Data are presented as the mean ± standard deviation or n number (percentage of total n number). BMI, body mass index; TC, total cholesterol; TG, triglyceride; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol.

Table III. Correlations of adiponectin receptor 2 genetic polymorph	isms (rs10773989 and rs1044471) with the risk of colorectal
cancer in the case $(n=281)$ and control $(n=325)$ groups.	

Genotype	Case group, n (%)	Control group, n (%)	Odds ratio (95% confidence interval)	χ^2	P-value
10772000	~ /		, 	,,	
rs10//3989					
TT	138 (49.11)	122 (37.54)			
TC	109 (38.79)	151 (46.46)	1.567 (1.108-2.216)	6.485	0.011
CC	34 (12.10)	52 (16.00)	1.730 (1.053-2.842)	4.741	0.029
TC + CC	143 (50.89)	203 (62.46)	1.606 (1.161-2.221)	8.238	0.004
Т	385 (68.51)	395 (60.77)			
С	177 (31.49)	255 (39.23)	1.404 (1.107-1.781)	7.864	0.005
rs1044471					
CC	185 (65.80)	179 (55.08)			
СТ	86 (30.60)	124 (38.15)	1.190 (1.057-2.101)	5.207	0.026
TT	10 (3.60)	22 (6.77)	2.274 (1.047-4.937)	5.509	0.034
CT + TT	96 (34.20)	146 (44.92)	1.572 (1.131-2.185)	7.273	0.007
С	456 (81.14)	482 (74.15)			
Т	106 (18.86)	168 (25.85)	1.499 (1.139-1.974)	8.405	0.004

the degree of differentiation, CRC patients were classified into poorly differentiated (n=126), moderately differentiated (n=93) and well-differentiated (n=62) groups. In *AdipoR2* rs1044471, the frequencies of CT + TT and CC genotypes were 39.68 and 60.32%, respectively in the poorly differentiated group, 37.63 and 62.37%, respectively in the moderately differentiated group, and 17.74 and 82.26%, respectively in the well-differentiated

group, demonstrating statistical significance in the frequencies of CT + TT and CC genotypes among the poorly, moderately and well-differentiated groups (χ^2 =9.630; P=0.008). According to Dukes' staging (25), patients were separated into stage A (n=93), stage B (n=123) and stage C (n=65) groups. In *AdipoR2* rs1044471, the frequencies CT + TT and CC genotypes in the stage A group were 41.94 and 58.06%, respectively; 40.65 and

	Genotype					
Feature	TT	TC	CC	P-value	TC + CC	P-value
Tumor diameter (cm)						
<5	50	46	18	0.187	64	0.155
≥5	88	63	16		79	
Histological type						
Papillary adenocarcinoma	43	36	10	0.999	46	0.977
Tubular adenocarcinoma	34	27	9		36	
Signet ring cell carcinoma	34	27	9		36	
Mucinous adenocarcinoma	27	19	6		25	
Degree of differentiation						
Poorly differentiated	63	45	18	0.557	63	0.778
Moderately differentiated	43	38	12		50	
Well-differentiated	32	26	4		30	
Dukes' staging						
A	46	35	12	0.126	47	0.432
В	56	47	20		67	
С	36	27	2		29	
Degree of tumor infiltration						
Non-serosal breakthrough	41	18	3	0.006ª	21	0.002^{b}
Serosal breakthrough	97	91	31		122	
Lymph node metastasis						
No	105	81	24	0.674	105	0.608
Yes	33	28	10		38	

Table IV. Correlation of adiponectin receptor 2 rs10773989 polymorphism with clinicopathological features of patients with colorectal cancer.

^aP<0.01, Non-serosal breakthrough vs. Serosal breakthrough (all genotypes combined); ^bP<0.005, TT + TC vs. TT.

59.35%, respectively in the stage B group; and 20.93 and 79.07%, respectively in the stage C group, with significant differences among the stage A, B and C groups (χ^2 =7.470; P=0.024). No correlations were detected between the genotype distribution of *AdipoR2* rs1044471 and other clinicopathological features (P>0.05; Table V).

Haplotype analysis of rs10773989 and rs1044471 polymorphisms in the AdipoR2 gene. The linkage disequilibrium and haplotype of AdipoR2 rs10773989 and rs1044471 were analyzed using SHEsis analysis software. Linkage disequilibrium analysis revealed that the D' value of rs10773989 and rs1044471 was 1, and r² was 0.529, indicating linkage disequilibrium in rs10773989 and rs1044471. When the haplotype frequency was >3%, three haplotypes were formed, including CC, CT and TC, among which, the CC haplotype was not significantly different between the CRC patients and healthy control subjects (P>0.05). The CT haplotype was a protective factor for the healthy population (OR=0.667, 95% CI=0.507-0.878; P=0.004); individuals who carried the CT haplotype were considered to be low risk for CRC. The TC haplotype was positively correlated with the risk of CRC (OR=1.404, 95% CI=1.107-1.781; P=0.005) and the risk of CRC in individuals carrying the TC haplotype was increased (Table VI).

Correlations of AdipoR2 protein expression levels with AdipoR2 gene polymorphisms and clinicopathological features of CRC patients. AdipoR2 protein was expressed in the CRC tissue samples and adjacent normal colon mucosa tissue samples, with positive staining predominantly localizing in the cytoplasm, showing light yellow, pale brown and sepia particles (Fig. 3). Correlation analysis of AdipoR2 protein expression levels in CRC tissue samples (n=281) with the genotype frequencies of rs10773989 and rs1044471, and clinicopathological features revealed that there were correlations of AdipoR2 protein expression with the degree of differentiation, Dukes' staging, the degree of infiltration and lymph node metastasis (LNM) in CRC (P<0.05). No correlations were identified between AdipoR2 protein expression levels and other clinicopathological features (P>0.05; Table VII). In addition, the gene polymorphism of AdipoR2 rs10773989 was statistically associated with the AdipoR2 protein expression level (P<0.05).

Non-conditional logistic regression analysis of risk factors for CRC. The multivariate non-conditioned logistic regression analysis was conducted with CRC as a dependent variable, and age, gender, smoking, alcohol consumption, tumor history, BMI, TG, HDL-C and LDL-C as independent variables. The results indicated that the TT genotype of AdipoR2 rs10773989

		Genotype				
Feature	CC	СТ	TT	P-value	CT + TT	P-value
Tumor diameter (cm)						
<5	75	37	2	0.374	39	0.989
≥5	110	49	8		57	
Histological type						
Papillary adenocarcinoma	59	24	6	0.501	30	0.935
Tubular adenocarcinoma	45	23	2		25	
Signet ring cell carcinoma	45	23	2		25	
Mucinous adenocarcinoma	36	16	0		16	
Degree of differentiation						
Poorly differentiated	76	42	8	0.007^{a}	50	0.008^{b}
Moderately differentiated	58	34	1		35	
Well-differentiated	51	10	1		11	
Dukes' staging						
A	54	37	2	0.040°	39	0.0240
В	73	43	7		50	
С	58	17	1		18	
Degree of tumor infiltration						
Non-serosal breakthrough	46	14	2	0.281	16	0.116
Serosal breakthrough	139	72	8		80	
Lymph node metastasis						
No	136	64	9	0.580	73	0.645
Yes	49	22	1		23	

Table V. Correlation of the adiponectin receptor 2 rs1044471 polymorphism with clinicopathological features of patients with colorectal cancer.

^aP<0.01 vs. all degree of differentiation types (all genotypes combined); ^bP<0.01, CT + TT vs. TT; ^cP<0.05 vs. all Dukes' staging types (all genotypes combined).

Table VI. Comparison in haplotypes of rs10773989 and rs1044471 polymorphisms in the adiponectin receptor 2 gene between patients with colorectal cancer (case) and healthy control subjects.

Haplotype	Case group (freq.)	Control group (freq.)	P-value	Odds ratio (95% confidence interval)
CC	42 (0.129)	36 (0.130)	0.880	1.026 (0.732-1.440)
СТ	84 (0.258)	53 (0.189)	0.004	1.499 (1.139-1.974)
TC	199 (0.612)	192 (0.681)	0.008	0.726 (0.572-0.921)

(OR=1.434, 95% CI=1.087-1.893; P=0.011) and the CC genotype of *AdipoR2* rs1044471 (OR=1.610, 95% CI=1.190-2.177; P=0.002) were independent risk factors for CRC (Table VIII).

Discussion

This present study systematically evaluated the associations between two SNPs in the *AdipoR2* gene (rs10773989 and rs1044471), AdipoR2 protein expression levels and the risk of CRC. The present study indicated that the *AdipoR2* rs10773989 and rs1044471 polymorphisms may be correlated with the susceptibility to CRC, that the CT haplotype is a protective factor and that the TC haplotype is a risk factor in a healthy population. This indicated that carriers of the CT haplotype had a reduced CRC risk and carriers of the TC haplotype had an enhanced CRC risk. Furthermore, the TC haplotype and positive expression of the AdipoR2 protein may increase the risk of CRC.

ADIPOQ has been proposed as a biological link between obesity and various types of malignancy, such as CRC, through its actions mediated by binding and activating specific AdipoRs, including AdipoR1 and AdipoR2 (26). In addition, AdipoRs have been identified to mediate the link between ADIPOQ and activation of adenosine monophosphate (AMP)-activated protein kinase, which causes ADIPOQ to exert antiproliferative effects in cancer cases (27). The

		AdipoR2	expression	
	n	Positive n (%)	Negative n (%)	P-value
rs10773989				
TT	138	126 (91.30)	12 (8.69)	0.020
TC + CC	143	117 (81.82)	26 (18.18)	
rs1044471				
CC	185	157 (84.86)	28 (15.14)	0.273
CT + TT	96	86 (89.58)	10 (10.42)	
Age (years)				
<55	83	73 (87.95)	10 (12.05)	0.640
≥55	198	170 (85.86)	28 (14.14)	
Gender				
Male	165	144 (87.27)	21 (12.73)	0.642
Female	116	99 (85.34)	17 (14.66)	
Tumor diameter (cm)				
<5	114	100 (87.72)	14 (12.18)	0.615
≥5	167	143 (85.63)	24 (14.37)	
Histological type				
Papillary adenocarcinoma	89	74 (83.15)	15 (16.85)	0.665
Tubular adenocarcinoma	70	61 (87.14)	9 (12.86)	
Signet ring cell carcinoma	70	61 (87.14)	9 (12.86)	
Mucinous adenocarcinoma	52	47 (90.38)	5 (9.62)	
Degree of differentiation				
Poor-differentiated	126	114 (90.48)	12 (9.52)	0.018
Moderate-differentiated	93	82 (88.17)	11 (11.83)	
Well-differentiated	62	47 (75.81)	15 (24.19)	
Dukes staging				
А	93	87 (93.55)	6 (6.45)	0.026
В	123	105 (85.37)	18 (14.63)	
С	65	51 (78.46)	14 (21.54)	
Degree of tumor infiltration				
Non-serosal breakthrough	62	48 (77.42)	14 (22.58)	0.018
Serosal breakthrough	219	195 (89.04)	24 (10.96)	
Lymph node metastasis				
No	210	198 (94.29)	12 (5.71)	0.001
Yes	71	45 (63.38)	26 (36.62)	
AdipoR2, adiponectin receptor 2.				

Table VII. Correlations of AdipoR2 protein expression with *AdipoR2* genetic polymorphisms (rs10773989 and rs1044471) and clinicopathological features of patients with colorectal cancer.

AdipoR2 SNP rs10773989 may modulate the effects of ADIPOQ on cancer risk by regulating the protein expression of AdipoR2. It was confirmed in a previous study that SNP rs10773989 in the AdipoR2 gene was statistically associated with AdipoR2 protein expression (28). Therefore, it seems plausible that the SNPs in the AdipoR2 gene may influence the protein expression of AdipoR2, and thereby repress the antiproliferative effects of ADIPOQ in cancer cases, which leads to increased risk of CRC. Furthermore, Byeon *et al* (29) demonstrated that ADIPOQ levels are lower in patients with CRC when compared with healthy individuals; and its

receptors, AdipoRs, expressed in adenocarcinoma and healthy colorectal tissue, may mediate its effects on cellular proliferation and apoptosis. Furthermore, in the present study, it was also revealed that the TT genotype of *AdipoR2* rs10773989 and the CC genotype of *AdipoR2* rs1044471 were independent risk factors for CRC. Similarly, allele C of rs10773989 and allele T of rs1044471 in the *AdipoR2* gene were reported to demonstrate significant associations with decreased risk of cardia cancers (17). He *et al* (14) demonstrated that the rs12733285 C/T genotype and carriage of the A allele of rs1342387 (A/G or A/A) in *AdipoR1* are protective factors

3991

Table VIII. Non-conditional logistic regression analysis of risk factors in colorectal cancer.

							95% EXI	CI for P (β)
Variable	β	Standard error	Wald	df	P-value	Exp (β)	Lower	Upper
Age	0.008	0.008	1.017	1	0.313	1.008	0.992	1.025
Gender	0.114	0.180	0.400	1	0.527	1.121	0.787	1.596
Alcohol consumption	-0.458	0.261	3.082	1	0.079	0.633	0.379	1.055
Smoking condition	-0.444	0.274	2.621	1	0.105	0.642	0.375	1.098
Tumor history	-0.580	0.325	3.182	1	0.074	0.560	0.296	1.059
Body mass index	-0.050	0.052	0.919	1	0.338	0.952	0.860	1.053
Triglyceride	0.119	0.080	2.224	1	0.136	1.126	0.963	1.316
Low-density lipoprotein	-0.116	0.079	2.177	1	0.140	0.890	0.763	1.039
High-density lipoprotein	-0.070	0.149	0.223	1	0.637	0.932	0.697	1.248
rs10773989 TT			8.027	2	0.018			
rs10773989 TC	0.539	0.199	7.307	1	0.007	1.714	1.160	2.534
rs10773989 CC	0.588	0.296	3.951	1	0.047	1.800	1.008	3.213
rs1044471 CC			10.243	2	0.006			
rs1044471 CT	0.421	0.183	5.271	1	0.022	1.524	1.064	2.183
rs1044471 TT	1.192	0.449	7.060	1	0.008	3.295	1.367	7.941

 β , partial regression coefficient; Wald, Wald statistical test (maximum likelihood estimate); df, degrees of freedom; Exp(β), exponent function (β); 95% CI, 95% confidence interval.



Figure 3. Immunohistochemistry results of adiponectin receptor 2 protein expression in the CRC tissue samples and adjacent normal colon mucosa tissue samples. (A) Weak positive staining and (B) positive staining in the CRC tissues. Negative control of (C) adjacent normal colon mucosa tissue samples and (D) CRC tissue samples (magnification, x400). CRC, colorectal cancer.

for CRC, while rs266729 G/C and G allele of *ADIPOQ* are risk factors for CRC (14). In a meta-analysis by Ou *et al* (13), with a hospital-based case-control study of 341 cases and

727 control subjects, the associations between the common variants on *ADIPOQ* (rs266729, rs822395, rs2241766 and rs1501299) and *AdipoR1* (rs1342387 and rs12733285) and

CRC susceptibility were evaluated, and it was demonstrated that variant rs1342387 on *AdipoR1* may be a novel CRC susceptibility factor. Ye *et al* (27) systematically searched case-control studies published in February 2015 examining any *AdipoR1* polymorphisms and risk of any type of cancer, and suggested that the *AdipoR1* rs1342387 (G/A) polymorphism may be associated with cancer risk, particularly the risk of CRC in Asian individuals (27). Al-Harithy and Al-Zahrani (26) performed a case-control study on 60 CRC patients and 60 control subjects in a Saudi population, and revealed an enhanced risk of CRC that was associated with the 276T allele, and that the G allele at the T45 G polymorphism was associated with a lower CRC risk in *ADIPOQ* (28).

In addition, the current study identified that the AdipoR2 rs10773989 polymorphism was associated with the degree of tumor infiltration, while the AdipoR2 rs1044471 polymorphism was associated with the degree of differentiation and Dukes' staging in CRC. Furthermore, AdipoR2 protein expression was associated with the degree of differentiation, Dukes' staging, the degree of tumor infiltration and LNM. These findings indicated that the SNPs of *AdipoR2*, rs10773989 and rs1044471, and AdipoR2 protein expression levels may be crucial in the progression of CRC. In addition, these findings may support the assumption that ADIPOQ suppresses tumor growth of CRC, as abundant AdipoR expression levels in CRC tissue may promote the anti-carcinogenic effect of ADIPOQ. By contrast, low AdipoR expression levels may facilitate CRC progression against the effects of ADIPOQ (29). In line with the present findings, Gialamas et al (26) reported that ADIPOQ levels and tissue expression of AdipoRs appeared to be associated with CRC risk and with a few clinicopathological features including advanced tumor grade, TNM stage and LNM (26).

In conclusion, the findings of the present case-control study further exemplify the role of *AdipoR2* genetic polymorphisms (rs10773989 and rs1044471) and its protein expression in colorectal carcinogenesis and advancement. Large prospective studies are warranted to confirm these observations and further investigate the potential role of AdipoR2 as a therapeutic target *al*ong with their clinicopathological implications in CRC survival.

Acknowledgements

The authors would like to thank the reviewers for their helpful comments on this manuscript.

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