

Dermatofibrosarcoma protuberans with pit-like lesions: A case report and literature review

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Abstract. The present study describes a case of pit-like dermatofibrosarcoma protuberans (DFSP) with the clinical manifestations, histopathological features and criteria for diagnosis. The study also reviews the relevant literature in order to raise awareness among dermatologists with regard to the specific behavior of DFSP. A 27-year-old female presented with subcutaneous nodules on the left side of the neck that had been apparent for 5 years and which had gradually begun caving in during the last year. Histopathological examination revealed that the tumor was composed of a large number of spindle cells arranged in a whirlpool-like pattern. Immunohistochemical studies revealed positive staining for cluster of differentiation 34, vimentin and lysozyme, which could be used as diagnostic markers of DFSP. The patient was finally diagnosed with DFSP by pathological and immunohistochemical analyses. The DFSP was treated with an extended resection followed by adjacent skin repair. The patient responded well and no relapse occurred during the 8-month clinical follow-up. Thus, the current study describes a unique pit-like clinical manifestation of DFSP with typical immunohistochemical and pathological features. In addition, histopathological examination revealed a downward depression in the epidermis. Therefore, histopathological examination should be considered as an essential diagnostic tool for DFSP.

Introduction

Dermatofibrosarcoma protuberans (DFSP) is a localized, low-grade malignant fibrosarcoma originating in the skin and extending into the subcutaneous tissue (1). It is a rare tumor, accounting for only 0.1% of all cutaneous malignancies, with an overall incidence of 0.8-5.0 cases per million individuals in the USA (2). It is associated with a low capacity for infiltration, rare occurrences of metastasis and a high incidence of local recurrence. Clinically, this tumor often presents as a protuberant and hard solid lump. The diagnosis depends on the histopathological and immunohistochemical examination (3). Surgical resection is the first choice for treatment and the prognosis is relatively good, with a five-year survival rate of >90% (4). However, the local recurrence rate is high, ranging between 0 and 60% depending on the surgical technique used and tumor location (5). Therefore, early diagnosis and complete resection are extremely important. To the best our knowledge, no case of pit-like DFSP has previously been reported. The present study reports one such case of pit-like DFSP in a female patient.

Case report

A 27-year-old female presented to the Second Affiliated Hospital of Xi'an Jiaotong University (Xi'an, Shaanxi, China) with subcutaneous nodules on the left side of the neck, which had been present for 5 years. The nodules had gradually begun caving in during the last year. The patient had incidentally noticed a nodule the size of a soybean and of normal skin color that was not elevated above the skin surface. Since there were no other symptoms, the nodule was not considered to be serious. Thereafter, the patient often habitually touched and pressed the nodule, which slowly increased in size. At ~1 year prior to presentation, a mild depression was noted on the nodule surface and the area became pink in color. As the depression progressively deepened, the patient visited the hospital. The nodule was surgically resected and submitted for pathological examination. The nodule appearance is shown in Fig. 1. On the left side of the neck, an irregular depression (2.5 cm in length, 1.0 cm in width and \sim 0.3 cm in depth) with an unclear boundary was observed (Fig. 1). A subcutaneous nodule with a rubbery consistency was palpable; it was not tender, showed little activity and adhered to the subcutaneous tissue.

Histopathological examination (Fig. 2) revealed visible depression in the skin lesions, with normal tissue on the right side of the neck raised higher than the nodular tissue on the left side. The epidermis appeared normal. Tissue sections from the tumor located between the sunken dermis and subcutaneous tissue showed the presence of a non-capsulated

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Figure 1. Appearance of the nodule in the patient's neck. An irregular depression (2.5 cm in length, 1.0 cm in width and \sim 0.3 cm in depth) with an unclear boundary was present in the left side of the neck.



Figure 2. Histopathological examination. Fusiform cells with large nuclei were interwoven into a whirlpool pattern, with little nuclear mitotic activity (hematoxylin-eosin staining; scale bar, $600 \,\mu$ m).

tumor composed of fusiform cells with large nuclei that were interwoven into a whirlpool pattern, with little nuclear mitotic activity, but with fat segmentation.

Immunohistochemical studies revealed positive staining for cluster of differentiation (CD)34, vimentin, and lysozyme (Fig. 3), but negative staining for CD31, CD68, S100, factor VIII, desmin and smooth muscle actin (SMA) (Fig. 4). The diagnosis of DFSP was based on the aforementioned findings. The patient then underwent an extended resection of the tumor, followed by adjacent skin repair. The resected tumor was further examined histopathologically, and no tumor involvement was detected at the surgical margins. Following surgery, the patient achieved good results, with no relapse during the 8-month clinical follow-up period.

Discussion

DFSP was first described in 1890 as a rare tumor originating from fibroblasts and myofibroblasts with a keloid-like appearance and a tendency for recurrence (6). The etiology of DFSP remains unclear and may be associated with certain genetic characteristics, a history of trauma and the extent of radiation exposure. Recent studies on the molecular basis of DFSP development have reported that >90% of DFSP patients present with the t(17;22)(q22;q13.1) chromosomal translocation, which causes the fusion of the collagen type 1 α 1 chain



Figure 3. Positive staining for cluster of differentiation 34, vimentin and lysozyme by immunohistochemical assay.

(*COL1A1*) gene on 17q22 and the platelet-derived growth factor β chain (*PDGFB*) gene on 22q13.1 (7-10). This results in the formation of the COL1A1-PDGFB fusion protein. The sustained activation of fusion protein-related receptors by protein tyrosine kinase causes abnormal cell proliferation, thereby resulting in DFSP (11).

Although DFSP can occur at any age, it is more common in adults between 20 and 50 years of age, regardless of gender (12). The tumor often presents in the torso, particularly the chest, followed by the proximal extremities, but rarely occurs in the head and neck region (13). The clinical manifestations of this slow-growing tumor vary, depending on the developmental stage, presenting as pink- or skin-colored nodules with diameters ranging from a few millimeters to a few centimeters (14). The tumor is usually hard to touch and initially adheres to the epidermis or subcutaneous tissue. The disease further progresses with the occurrence of a single nodule or multiple nodules of different sizes and has a protruding appearance. The growth of these nodules can be suddenly accelerated until their surface ruptures (7). DFSP is usually asymptomatic, except for the presence of mild to moderate pain in certain patients. Recurrence following tumor resection is common, and disseminated nodules can occur around the incision (15). However, tumor metastasis is rare. In the advanced stages, the



Figure 4. Negative staining for cluster of differentiation (CD)31, CD68, S100, factor VIII, desmin and smooth muscle actin by immunohistochemical assay (scale bar, $600 \ \mu$ m).

disease may occasionally metastasize to the lungs, abdomen, brain, bones or nearby lymph nodes, often due to repeated

local recurrence. DFSP can also present as atrophic lesions, sclerotic plaques and localized scleroderma, and hence, it is termed atrophic DFSP (or non-eminent DFSP) (16,17). Such a presentation could easily lead to a misdiagnosis. To the best of our knowledge, a nodule with depressed lesions has not previously been reported.

Typical DFSP are characterized as a tumor without a capsule, located in the dermis and separated from the epidermis by normal narrow bands. Diffuse irregular invasion into the subcutaneous fat, presenting as a lace-like and branch-shaped beams in parallel with epidermal cells, is also typically observed. Tumor histology reveals spindle cells of uniform size with few areas of dual-colored cytoplasm, and stained oval- or spindle-shaped nuclei. The cells appear similar to naive fibroblasts with good differentiation and little mitosis. Furthermore, tumor cells are generally arranged around small blood vessels or fiber axes in a radial, spoke- or whirlpool-like pattern. Such an arrangement is of diagnostic significance. Diffused and positive staining for CD34 with a sensitivity as high as 84-100% detected by immunohistochemistry is specific for DFSP with diagnostic value (18). Focal positive staining for vimentin, lysozyme, CD68 and SMA has been observed in certain cases, whereas the tumor stains negative for factor VIII, factor XIIIa, S-100 and desmin (18-20). The pathological and immunohistochemical features of the present sturdy were consistent with the aforementioned typical features of DFSF. However, to the best of our knowledge, the pit-like appearance observed in the presence case has not been previously reported.

DFSP is often misdiagnosed as a benign tumor and thus is excised by a routine process, which easily leads to tumor recurrence and even progression to malignant fibrosarcoma or malignant fibrous histiocytoma. Therefore, an early diagnosis of DFSP is extremely important. DFSP diagnosis mostly relies on the histopathological examination. A diagnosis of DFSP should be considered in patients with slowly-growing, painless, single or multiple fused hard nodules in the torso or limbs, and histopathological and immunohistochemical studies should be performed (21). DFSP should also be distinguished from skin fibroma, fibrosarcoma, malignant fibrous histiocytoma and neurofibromatosis (22).

DFSP is generally treated with surgery, particularly with extended resection and Mohs micrographic surgery. Since DFSP easily recurs and presents on the body surface, radiation therapy should not cause serious damage to vital organs and tissues. Certain studies have therefore suggested treating DFSP with a combination of surgery and radiotherapy. However, the tumor should be treated in a timely manner, instead of waiting until repeated recurrences occur, as recurrence can complicate surgery and radiotherapy, and affect the outcome (23,24).

Recent studies on targeted therapy have demonstrated that imatinib mesylate (Gleevec) may be useful in the treatment of DFSP at the molecular level (21,25,26). Imatinib mesylate is a tyrosine kinase inhibitor that can specifically inhibit the expression of PDGF receptor β , as well as ATP-binding cassette and tyrosine protein kinase (27).

DFSP is a low-grade malignancy with a slow growth rate and good prognosis. The 5- and 15-year survival rates of DFSP can be as high as 99.2 and 97.2%, respectively (28).

However, its recurrence rate is high and this usually occurs after 3 years of treatment.

In the present study, pathological and immunohistochemical analyses confirmed that the patient had classic DFSP; The tumor was composed of spindles cells exhibiting a whirlpool-like pattern without epidermal atrophy. However, in the present case, the tumor manifested with a pit-like appearance, instead of the commonly observed protuberant lump. Since skin atrophy was not observed, a diagnosis of atrophic DFSP was eliminated. To the best of our knowledge, DFSP with such manifestations has never been reported. Whether the current case presents an early manifestation of DFSP or a novel type of DFSP warrants confirmation by future studies.

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