Mechanism underlying renal failure caused by pathogenic *Candida albicans* infection

JAE-CHEN SHIN, YOUNG-JOO JEON, SEON-MIN PARK, KANG SEOK SEO, JUNG-HYUN SHIM and JUNG-IL CHAE

1Pohang Center for Evaluation of Biomaterials, Pohang, Gyeongbuk; 2Department of Oral Pharmacology, School of Dentistry and Institute of Oral Bioscience, BK21 plus, Chonbuk National University, Jeonju; 3Department of Animal Science and Technology, Sunchon National University, Suncheon; 4Natural Medicine Research Institute, Department of Pharmacy, College of Pharmacy, Mokpo National University, Muan, Jeonnam, Republic of Korea

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**Abstract.** *Candida albicans* (*C. albicans*) is an opportunistic fungal pathogen that commonly causes nosocomial infections. Systemic candidiasis is encountered with increasing frequency in immunocompromised hosts, leading to renal failure that results in severe morbidity and mortality. The present study investigated the mechanisms underlying kidney susceptibility following infection with several *C. albicans* strains, such as B311 and SC5314. Fungal growth of the highly virulent SC5314 strain was 10-fold higher compared to the nonpathogenic B311 strain in the kidneys. An intravenous challenge of SC5314 in mice, elevated blood urea nitrogen (BUN) and creatine levels, which resulted in mortality at 8 or 35 days after infection in a dose- and time-dependent manner, whereas all the B311-infected mice had BUN and creatine levels in the normal range and survived. Whether virulent *C. albicans* may escape clearance by activating signaling pathways that lead to the production of pro-inflammatory cytokines, such as tumor necrosis factor (TNF)-α and interleukin (IL)-1β, was investigated. B311 infections significantly elevated TNF-α and IL-1β mRNA expression in the kidneys, whereas the expression in SC5314-infected mice remained unchanged. Furthermore, B311 infection significantly elevated the plasma levels of TNF-α and IL-1β. These results indicated that the less virulent strains of *C. albicans* induced pro-inflammatory cytokines in mice. These results determined that an impairment of the protective mechanisms occurred in the kidneys with virulent *C. albicans* infection.

**Introduction**

*Candida albicans* (*C. albicans*) is an infective diploid with a filamentous or yeast-like morphology that causes intradermal or subcutaneous candidiasis, vaginitis and systemic mycosis by infecting the skin or mucous membranes (1). *C. albicans* infection does not cause symptoms in healthy individuals but results in mortality in immunocompromised individuals, such as those with acquired immune deficiency syndrome or cancer, organ or bone marrow transplant patients, or those that have been taking immunosuppressant drugs for an extended period of time (2). The pathogenicity of *C. albicans* and the host defense mechanisms involved have been widely studied in mouse models to develop effective antifungal agents (3-8). Animal studies have focused on survival factors, however the exact mechanisms underlying mortality in *C. albicans*-infected mice remain unknown.

The identification of pathogenic factors mediating *C. albicans* infection will aid in elucidating the mechanisms that lead to fatality. The first biological process of *C. albicans* infection is the attachment to the mucosa or other regions in a living organism. Phenotypic switching from yeast to pseudohyphae or hyphae is required for tissue infiltration, processes mediated by extracellular proteinases and extracellular phospholipases (9-12). However, the impact of pathogenic *C. albicans* infection on the immune response of the host is unknown. The dominant theory is that the major cause of mortality by *C. albicans* infection is disseminated candidiasis by fungal growth within the kidney and consequent kidney damage (13). Elevations in blood urea nitrogen (BUN) and serum creatinine are frequently evaluated to measure the degree of kidney damage, such as renal failure by infection or other factors (14). Urea is the primary metabolite derived from dietary and tissue protein, while creatinine is the catabolic product of muscle creatine.

Chronic kidney disease is associated with a variety of cytokines, including the pro-inflammatory cytokines, interleukin
(IL)-1β and tumor necrosis factor (TNF)-α (15,16). Cytokines have pleiotropic actions on target tissues with autocrine and paracrine physiological effects. The pro-inflammatory cytokines are controlled by anti-inflammatory cytokines, such as IL-10, and have important roles in the regulation of immune responses due to infection. The C. albicans strain, SC5314, has been widely applied in previous genetic and laboratory studies. In vivo, SC5314 is highly pathogenic due to rapid penetration, while another C. albicans strain, B311, forms pseudohyphae with a lower pathogenicity than SC5314 (17,18). The study of fungal keratitis using C. albicans strains is ongoing, but the role of kidney damage during treatment and the mechanisms underlying C. albicans pathogenicity have not been widely reported (19,20). Therefore, the present study assessed kidney damage originating from systemic administration of pathogenic or nonpathogenic C. albicans strains in mice.

Materials and methods

C. albicans. C. albicans B311 (nonpathogenic) and SC5314 (pathogenic) were kindly provided by Professor Kenji Tanaka (University of Nagoya, Nagoya, Japan). C. albicans were grown to a stationary phase at 30°C with slight agitation in Sabouraud dextrose broth (BD Microbiology Systems, Sparks, MD, USA). After 24 h culture, the cells were harvested by centrifugation (2,000 x g), washed twice in phosphate-buffered saline (PBS), diluted to the desired density and injected intravenously (i.v.) in a 0.1 ml volume.

Animals. Specific pathogen-free female BALB/c mice were obtained from the Pohang University of Science and Technology POSTECH IACUC approval no. 2010-03-0008 (Kyeongbuk, Korea). The mice were housed in a laminar flow cabinet and maintained on standard laboratory chow ad libitum. All mice were used at the age of 8-10 weeks.

Quantification of C. albicans. Kidneys from individual mice were removed aseptically and homogenized with 0.2 ml PBS. The number of viable colony-forming units in the specimens was determined by dilution plating on Sabouraud dextrose agar (BD Diagnostic Systems).

Quantitative polymerase chain reaction (qPCR). Total cellular RNA was isolated using the single-step method and TRIzol reagent (Sigma, St. Louis, MO, USA). Reverse transcription was performed with 2 µg total RNA in a 10 µl reaction mixture (Promega, Madison, WI, USA) containing oligo (dT)15 and avian myeloblastosis virus reverse transcriptase. A PCR reaction mixture containing SYBR-Green (SYBR premix ExTaq; Takara Shuzo, Kyoto, Japan) in a final 20 µl volume reaction mix, containing 10 µl PCR mixture, 2 µl specific primers (10 µM), 7 µl nuclease-free water and 1 µl cDNA. Amplification was performed with a Rotor-Gene 3000 (Corbett Research Pty Ltd, Sydney, Australia) programmed at 95°C for 15 min followed by 50 cycles of 95°C for 10 sec, 55–61°C for 20 sec and 72°C for 30 sec. Data were collected and analyzed with the Corbett Research Software (version 6.0). The comparative critical threshold values from four measurements were used to calculate the gene expression, with normalization to β-actin as an internal control. The primers used were as follows: TNF-α, 5'-CTGTAGCCACGTCGTAAGC-3' and 5'-TTTGAATCTCAGGTTGTA; and β-actin, 5'-CTGAACTCACTCCATTGACATGGCG-3' and 5'-CAGAGGATATCTCTGTCGAT-3'.

Whole-blood chemistry parameters. Whole-blood chemistry parameters were obtained using EC8+ and Crea cartridges (Heska Corporation, Loveland, CO, USA). The EC8+ cartridges measure BUN and the Crea cartridges measure creatinine. Mice were anesthetized with heparin (100 units administered intraperitoneally; Sigma) 5-15 min before euthanasia to allow sufficient blood to be harvested and prevent clotting in the cartridges. Whole blood was aspirated into a heparinized 25-gauge syringe and ~100 µl was aliquoted into the appropriate cartridges, in accordance with the manufacturer's instructions.

Statistical analyses. Data were presented as the mean ± standard error. Statistical significance was determined using the analysis of variance test (StatView; Abacus Concepts Inc., Berkeley, CA, USA). All the experiments were performed at least three times and P<0.05 was considered to indicate a statistically significant difference.

Results

Response to C. albicans infection in mice. The weak pathogenic strain, B311, or the potent pathogenic strain, SC5314, were injected into the tail vein of mice at a concentration of 5x10³, to assess kidney damage caused by pathogenic C. albicans infection. The mice were sacrificed after 48 h and fungal growth in the kidney was measured. The fungal growth of the virulent SC5314 was ~10³ higher compared to the nonpathogenic B311 strain (Fig. 1A). Additionally, mice infected with B311 survived 35 days, whereas all the mice infected with 2x10⁶ SC5314 succumbed 8 days after infection and those infected with 1x10⁶ SC5314 survived 35 days (Fig. 1B). These results indicated that host defense mechanisms specific to pathogenic C. albicans are not present in the kidney. Therefore, increased fungal growth in the kidney may influence the survival rate.

Pro-inflammatory cytokines are highly associated with the C. albicans infection response in mice. The renal pro-inflammatory cytokines, such as TNF-α and IL-1β, which play major roles in protection from infectious microbes in B311- and SC5314-infected mice were comparatively analyzed. RNA was extracted from mice following infection and qPCR was performed to analyze TNF-α and IL-1β. TNF-α mRNA increased significantly at 2 h, followed by a decrease at 8 h in B311-infected mice. However, SC5314-infected mice showed no significant increase in TNF-α expression (Fig. 2A). IL-1β mRNA significantly increased in B311-infected mice at 4 and 8 h, while there was no significant increase in IL-1β expression in SC5314-infected mice (Fig. 2B). Enzyme-linked immunosorbent assay (ELISA) analysis was also performed to determine the protein expression of TNF-α and IL-1β in mice infected with B311 or SC5314 C. albicans strains, and confirmed the mRNA expression studies described above. TNF-α protein expression was increased in mouse kidneys in 1-2 h, followed by a decrease at 4 h; while IL-1β increased after 4 and 8 h. By contrast, SC5314-infected mice showed no significant
TNF-α and IL-1β protein expression (Fig. 2C and D). These results indicated that early immune responses mediated by pro-inflammatory cytokines, such as TNF-α and IL-1β, attenuated the pathogenicity of C. albicans, since the highly pathogenic C. albicans strain, SC5314, suppressed early immune responses.

**Virulent C. albicans infection is affected with renal failure.** BUN and creatinine measurements were used to diagnose renal dysfunction. Creatine is a ubiquitous enzyme that exists in the heart, musculoskeletal system, brain and kidney and circulates in response to tissue destruction. Mice infected with the highly pathogenic SC5314 strain showed
a significant increase in blood BUN and creatine at 48 and 72 h after infection, while infection with nonpathogenic B311 showed no significant changes (Fig. 3A and B). These results indicated that SC5314-infected mice developed strong pathogenicity one day after infection, coupled to severe renal failure.

Discussion

*C. albicans* is a representative infectious pathogen of the skin or mucosal layers in immunocompromised patients (1,2). However, a comprehensive study of the physiological responses of mice with candidiasis or other fungal infection has not been reported. Although *C. albicans*-mediated renal failure is an important hemodynamic or chemical parameter in mouse models, the mechanisms underlying candidiasis-mediated fatality have not been clearly elucidated (21).

Kidney damage was assessed in mice originating from systemic administration using pathogenic or nonpathogenic *C. albicans* strains. Mice were intravenously infected with the highly pathogenic *C. albicans* strain, SC5314, or the nonpathogenic *C. albicans* strain, B311. Fungal growth in the kidney was verified to analyze the association between fungal growth-mediated renal failure and lethality. SC5314-infected mice showed more severe fungal growth compared to B311-infected mice. The survival rate of SC5314-infected mice was also significantly reduced compared to B311-infected mice. These data indicated that lethality in mice was governed by the level of renal failure post-*C. albicans* infection, and that the pathogenicity of *C. albicans* was determined by the level of renal failure.

Pro-inflammatory cytokines, such as TNF-α and IL-1β, which play major roles in pathogenic infection were analyzed by qPCR and ELISA, to elucidate the underlying factors of *C. albicans* pathogenicity. TNF-α and IL-1β were significantly increased in B311-, but not SC5314-, infected mice suggesting that the pathogenicity of *C. albicans* was determined by early pro-inflammatory cytokine actions.

Chronic renal dysfunction or failure was further assessed by measuring urea and creatine blood concentrations. SC5314-infected mice showed an increase in blood urea and creatine two and one day post-infection, respectively. B311-infected mice showed no significant increase in the levels of urea and creatine in accordance with a previous analysis of mice lethality (22).

In conclusion, systemic infection of *C. albicans* induced severe renal failure, as determined by blood BUN and creatine levels. The working model demonstrated that severe renal failure plays a major role in lethality of *C. albicans*-infected mice. Early expression of renal pro-inflammatory cytokines is also a major determinant of pathogenicity. These results increase the understanding of *C. albicans* pathogenicity together with the underlying mechanisms of morbidity and mortality in *C. albicans* infection.

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References