Long-term expression of metabolism-associated genes in the rat hippocampus following recurrent neonatal seizures and its regulation by melatonin

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Abstract. Despite the effective use of antiepileptic drugs (AEDs) for epilepsy, therapeutic failure occurs in 30% of patients. Novel approaches are targeting the inhibition of epileptogenesis. N-acetyl-5-methoxytryptamine (melatonin) is an indoleamine produced mainly by the pineal gland, and has been observed to exhibit antiepileptic and neuroprotective effects in experimental and clinical investigations. In the present study, the underlying protective mechanism of melatonin on neonatal seizure-induced long-term excitotoxicity was examined in the hippocampus of rats, predominantly on the metabolism-associated genes. Sprague Dawley rats (6-day-old; P6) were randomly divided into four groups, the control (Cont), melatonin-treated control (Mel), recurrent neonatal seizure (RS) and treatment with melatonin and RS combined (Mel+RS). At P35, mossy fiber sprouting and changes in gene expression in hippocampus were assessed using Timm staining, reverse transcription-quantitative polymerase chain reaction and use of the 2-ΔCT methods, respectively. The aberrant mossy fiber sprouting in the supra granular region of the dentate gyrus and CA3 subfield of the hippocampus was suppressed by pretreatment with melatonin. In addition, among the nineteen genes identified, four energy metabolism-associated genes (Kcnj11, leptin receptor, dopa mine receptor D2 and melanocortin 4 receptor), four lipid metabolism-associated genes (apolipoprotein A-I, opioid receptor κ 1, pyruvate dehydrogenase kinase, isozyme 4 and cytochrome P450, family 46, subfamily a, polypeptide 1) and zinc transporter 1 (ZnT1), sphingomyelinase (nSMase) and Cathepsin-E, were markedly downregulated by melatonin treatment in the Mel group or in the developmental seizure RS and Mel+RS groups, compared with that in the Cont group. Furthermore, the melatonin-pretreated seizure rats (Mel+RS) exhibited a significantly upregulated expression of calcium/calmodulin-dependent protein kinase II α (CaMKIIα), acetyl-Coenzyme A acetyltransferase 1 (ACAT1), ZnT-1, metallothionein 1 (MT-1), nSMase and Cathepsin-E, compared with the RS rats. Thus, the present study investigated changes in the expression of metabolic genes in the hippocampus following pretreatment with melatonin. Fluorthyl-induced decreases in the expression levels of ACAT1/nSMase/Cathepsin-E, ZnT-1/MT-1 and CaMKIIα in the hippocampus, and the reversal by melatonin may be associated with a decrease in neonatal seizure-induced aberrant mossy fiber sprouting, which requires further investigation.

Introduction

Epilepsy is a relatively common neurologic disorder in children (1). Although conventional anti-epileptic drugs (AEDs) control the disorder in the majority of patients, they fail to provide therapeutic benefit in 20-25% of patients (2). In addition, the serious adverse effects of AEDs on brain development, particularly on cognitive function, has provoked further research on non-AED management modalities. A number of previous studies have investigated alternative treatments for epilepsy, including the use of melatonin, a ketogenic diet, vitamins or biofeedback (3,4). Among these, melatonin has been used as an adjunct treatment for pediatric epilepsy.

Melatonin is a hormone, which is made in the pineal gland. Apart from its well-recognized roles as an anti-aging substance, sleep aid and antioxidant, clinical data suggests that it is effective in the adjunctive therapy of osteoporosis, sepsis, jet-lag syndrome, neurodegenerative diseases, certain types of insomnia and even cancer (3). As for epilepsy, melatonin may have clinical benefits. In a previous study, 10 paediatric patients suffering from severe epileptic disorders were administered a nightly dose of 3 mg melatonin. The results demonstrated regained periodic plasma melatonin levels and improved control in convulsive episodes (5). Baseline melatonin levels may be low in childhood refractory epilepsy

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and febrile seizures, and levels increase markedly following seizures (6-8). Another study demonstrated that treatment with melatonin (10 mg daily at night) decreased diurnal seizures in 10 patients aged between 9 and 32 years with intractable epilepsy (9). The majority of experimental data also indicates the anticonvulsant properties of the hormone in maximal electroshock, amygdale kindling, pentylentetrazole (PTZ), pilocarpine, penicillin or kainic- and quinolinic acid-induced animal models of epilepsy (10). However, the suggestion that melatonin has anticonvulsant properties remains controversial. For example, oral melatonin (5 mg) in neurologically disabled children was observed to result in increased seizures 13 days following the onset of the therapy. The proconvulsant effects disappeared immediately following treatment discontinuation (11). In a hippocampal slice seizure model, induced using low Mg2+ or bicuculline, the pharmacological concentration of melatonin enhanced the frequency of epileptiform activity, whereas this effect was suppressed by luzindole, a melatonin antagonist (12). These results suggest that further investigation is required prior to establishing melatonin as a potential drug candidate for adjunctive therapy in children with epilepsy.

The majority of experimental seizure models, the anticonvulsant action of melatonin has been observed in adult animals in rats, mice, hamster and guinea pigs. However, there has been little investigation of the effects of melatonin in developmental animals. Using a phenobarbital-induced neonatal seizure rat model, Forcelli et al observed that melatonin (0-80 mg/kg), prior to PTZ, potentiated the anticonvulsant efficacy of phenobarbital, however, it did not exert anticonvulsant effects alone. This previous study did not further investigate the underlying molecular mechanisms (13). Our previous study investigated the dynamic expression pattern of mossy fiber sprouting-associated genes in the rat brain using a fluoroethyl-induced recurrent neonatal seizure model. Furthermore, this model, as described extensively, has been widely used to evaluate the neuroprotective efficacy of compounds, including autophagy inhibitor 3-MA, CBI and E-64d (14-16). The important function of melatonin in epilepsy, and the requirement to elucidate its role in neonatal seizure-induced long-term excitotoxicity, prompted the present study to further examine whether pretreatment with melatonin alleviates the deleterious changes in the hippocampus. These changes are indicated by hippocampal mossy fiber sprouting and metabolic-associated genes, which are integral components of developmental brain injury-induced epileptogenesis (14,15).

Materials and methods

Animal preparation. Sprague-Dawley rats were treated in accordance with the guidelines set by the National Institutes of Health for the humane treatment of animals. The litters were randomly assigned to an experimental group and the animals were weaned on postnatal day 21, and following this age they were housed in a standard light-dark cycle. The present study was approved by the ethics committee of Soochow University Affiliated Children’s Hospital (Suzhou, China). Attempts were made to minimize the number of animals used. A total of 48 Sprague-Dawley neonatal rats at postnatal day 6 (P6) were randomly divided into four groups: Control (Cont), melatonin-treated control (Mel), recurrent neonatal seizure (RS) and melatonin and RS combined treatment (Mel+RS). The procedure of seizure induction was described in detail previously (16). In brief, the neonatal rats were placed into a transparent plastic airtight box and liquid volatile fluoroethyl (bis-2,2,2-trifluoroethyl ether; Sigma-Aldrich, St. Louis, MO, USA) was added, using a syringe, onto filter paper in the center of the container, for agent evaporation. The rats were immediately removed from the chamber on observation of tonic extension of the forelimbs and hindlimbs. The experimental rats received 45 induced seizures during over nine consecutive days, between P6 and P14. The rats had five seizures/day over this duration, with 30 min intervals between each seizure. The control rats were placed into the container for an equal duration without exposure to the fluoroethyl. In the two melatonin-treated groups, each rat was pretreated with an intraperitoneal (i.p) injection of melatonin prior to seizure induction (55 mg/kg, Sigma-Aldrich, St. Louis, MO, USA) (17,18).

For molecular investigations, the animals were sacrificed by decapitation on P35 for subsequent Timm staining and reverse transcription-quantitative polymerase chain reaction (RT-qPCR) analyses.

Timm staining. A total of six rats from each group were anesthetized using chloropent (3 ml/kg; i.p.; Sinopharm Chemical Reagent Shanghai Co., Ltd., Shanghai, China). The method used has been described in detail previously (19). Rats from each group were perfused through the heart with 0.9% saline, followed by 0.375% sodium sulfide and 4% paraformaldehyde in PBS. The brains were sectioned into 30 µm-thick coronal tissue sections from the septal area, where the two blades of the hippocampal dentate and pyramidal CA3 region were equal. The processing solutions consisted of 30% gum Arabic, 3.825% citric acid, 3.525% sodium citrate, 3.525% hydroquinone and 25.5% silver nitrate. Timm staining was analyzed under a x10 objective on a light microscope.

RT-qPCR. A total of six rats from each group were anesthetized using chloropent (3 ml/kg; i.p.). The method has been described in detail previously (19). The total RNA was extracted from each fresh hippocampal sample using TRIzol reagent (Invitrogen Life Technologies, Carlsbad, CA, USA). The concentration, purity and quantity of the total isolated RNA was determined by ultraviolet spectrophotometry, which were of high quality and purity by measuring the optical density at 260 and 280 nm. The total RNA (2 µg) was reverse transcribed into cDNA using random primers, 200 units of MMLV reverse transcriptase (Invitrogen Life Technologies), 0.5 mM dNTPs, 10 mM dithiothreitol and 25 unitosf RNase inhibitor (Invitrogen Life Technologies). RT reaction (40 µl) was performed at 37°C for 60 min, then at 95°C for 5 min. RT-qPCR was performed using TaqMan probe-based chemistry (Applied Biosystems, Foster City, CA, USA). The primers and probes of the 19 genes were designed against GenBank-published sequences using Primer Express 2.0 software (Applied Biosystems Life Technologies, Inc., Foster City, CA, USA). The sequences are listed in the subsequent figures. The 19 genes were as follows: Kcnj11, Lepr, Drd2, Mc4r and CCK, which are involved in regulation of energy metabolism; Apoa1, Oprk1, Pdk4, Cyp46a1, ACAT1, nSMase and Cathepsin-E, which are involved in regulation of lipid metabolism.
metabolism: NR1, NR2B, GABA-A-α1, CaMKII alpha and beta, which are involved in the regulation of neural excitability; ZnT-1 and MT-1, which are involved in the regulation of zinc metabolism. The RT-qPCR threshold cycle (CT) of the target mRNAs and the internal control β-actin was determined and the ΔCT method of relative quantification was used to determine the fold changes in expression. The ratios of the target gene to β-actin were calculated as follows: 2^ΔCT(target) - CT(β-actin). The fold change in expression was then obtained using the 2^ΔCT method (20).

The gene expression levels (2^ΔCT) were compared with post-hoc comparisons using a Bonferroni test following analysis of variance using SAS 8.0 statistical software. Data are presented as the mean ± standard deviation. P<0.05 was considered to indicate a statistically significant difference.

Results

Timm staining. The results of the Timm staining revealed a prominent aggregation of mossy fiber terminals in the supragranular region of the dentate gyrus (Fig. 1C1) and CA3 subfield (Fig. 1C2). The aberrant mossy fiber sprouting in the dentate gyrus (Fig. 1D1) and in the stratum pyramidal of the CA3 subfield of the hippocampus (Fig. 1D2) was significantly inhibited following pretreatment with melatonin. No mossy fiber terminals were observed in the two control hippocampi (Fig. 1A and B).

Discussion

The results of the present study indicated that the animals which underwent pretreatment with melatonin exhibited a minor grade of mossy fiber sprouting in the hippocampus, compared with those in the RS group. In addition to this morphological change, the gene expression analysis of a range of hippocampal metabolism-associated genes demonstrated that pretreatment with melatonin led to a significant upregulation of the mRNA expression levels of CaMKIIα, ACAT1, ZnT-1, MT-1, nSMase and Cathepsin-E in the hippocampus of the rats in the Mel+RS group, compared with those in the RS group (Figs. 4 and 5).

Hippocampal signaling pathways have been extensively investigated and are considered the predominant target of melatonin for preventing and treating neurological diseases and injuries, including autism, cerebral ischemia and cognitive impairment (21-25). In terms of epilepsy, several independent studies have investigated the effects of melatonin on biochemical alterations in experimental epilepsy models. In a kainate (KA) model of temporal lobe epilepsy, Tchekalarova et al demonstrated that melatonin reduces neuronal damage in the CA1 area of the hippocampus and piriform cortex, and recovers the decrease in hippocampal levels of serotonin (5-HT) in rats with epilepsy (26). Jain et al provided evidence that KA and melatonin-treated animal groups exhibit reduced numbers of nicotinamide adenine dinucleotide phosphate reduced diaphorase positive neurons in the dentate gyrus, hilus, CA1 and CA3 areas of the hippocampus and a decline in cytosolic Ca²⁺ concentrations compared with treatment with KA alone, suggesting enhanced levels of cytosolic Ca²⁺ and nitric oxide (NO) in KA-induced excitotoxicity (27). Mareš et al demonstrated that flurothyl-induced single tonic-clonic seizures caused significant increases in hydroxyl and nitroxyl radicals 60 min following the seizure, which was inhibited following pretreatment with melatonin prior to seizure induction, compared with animals without pretreatment (28). In addition, Atanasova et al observed that pretreatment with melatonin (10 mg/kg per day for 14 days) attenuates the KA-induced increase in the level of lipid peroxidation, superoxide dismutase/Cu/Zn production and expression of heat shock proteins.
protein 72 in the hippocampus (29). Taken together, the above observations suggest that the efficacy of melatonin exposure prior to seizures may be associated with the expression of genes in the hippocampus, particularly oxidative stress-associated genes. However, the key signaling molecules underlying its efficacy remain to be elucidated. Due to the anticonvulsant properties of melatonin and that hippocampal mossy fiber sprouting is an integral component of brain injury-induced epileptogenesis, the biochemical processes of melatonin may be elucidated by analyzing the expression of sprouting-associated genes in the hippocampus following seizures.

In our previous study, the abnormal expression of zinc/lipid transporter-associated genes in hippocampus was observed, which may be associated with mossy fiber sprouting following penicillin-induced developmental seizures. The results revealed upregulated expression levels of ACAT1, clusterin and ApoE, and the downregulated expression of ZnT-1 following developmental seizures, compared with the control animals. In addition, the upregulation of ApoE and Clusterin was inhibited following pretreatment with E-64d antophagy inhibitor (15). However, whether melatonin exerts its anticonvulsant effects by regulating lipid/zinc metabolism-associated pathway in the hippocampus has not been previously investigated.

The results of the present study demonstrated, by analyzing the expression pattern of a number of energy/lipid metabolism-associated genes, that the transcriptional regulation of several metabolism-associated molecules, including ACAT1, nSMase/Cathepsin-E and ZnT-1/MT-1, and with CaMKIIα, may be important for the neuroprotective effect of melatonin following neonatal seizures. Using a flurothyl-induced prolonged neonatal seizure model, in which the rats inhaled flurothyl continuously for 30 min/day for six consecutive days, and semi-quantitative PCR, our previous study revealed the downregulated expression levels of ZnT-1 and CaMKIIα in the hippocampus, which may be associated with long-term cognitive deficits and hippocampal mossy
fiber sprouting (30). The results of the present study are in accordance with these findings, however, there are several differences between the two studies. In the present study used a recurrent, rather than prolonged, neonatal seizure model, the experimental rats received 45 induced seizures during nine consecutive days (five seizures/day, minimum 30 min interval). Secondly, RT-qPCR and the 2^−ΔCT methods were used in the present study, rather than semi-quantitative PCR. In addition, the present study further evaluated the intervention effects of melatonin on hippocampal mossy fiber sprouting and associated metabolism-associated genes. The results of the present study demonstrated for the first time, to the best of our knowledge that the ZnT-1, CaMKIIα and MT-1 genes associated with zinc and calcium transduction, and ACAT1, nSMase and Cathepsin-E, which function as modulators of lipid metabolism, may be of particular importance for the inhibitory effects of melatonin on hippocampal mossy fiber regenerative sprouting. It has been established that a ketogenic diet, in which >90% of calories are derived from fat, is an effective treatment for lipid metabolism-associated neurological diseases, including epilepsy (31). Notably, all three of the above-mentioned molecules may be targets for the inhibitory effects of the ketogenic diet on epilepsy. Acetyl-co A acetyltransferase (ACAT1) is a mitochondrial enzyme involved in ketogenic pathway metabolism. ACAT1 performs the final step in ketolysis during the processing of fats. It converts one acetoacetyl-CoA into two molecules of acetyl CoA during ketolysis. Coincidentally, it has been hypothesized that ketone bodies contribute to the anticonvulsant and antiepileptic effects of a ketogenic diet (32). Therefore, the present study hypothesized that the downregulation of ACAT1 mRNA observed in the present study can lead to decreased ketolysis. Therefore, the resulting increase in the level of ketones may trigger the compensatory anticonvulsant effects. In parallel with the downregulated expression of ACAT1, the present study also observed down-regulation of ACAT1 mRNA in the RS group, compared with the Cont group (P<0.05, compared with the Cont group). Notably, the expression of ACAT1 in the RS group was significantly downregulated, compared with the Cont group, however, the mRNA level was increased in the Mel+RS group, compared with the RS group (P<0.05). Data are presented as the mean ± standard deviation. The lower part of the chart shows the oligonucleotide primers used for real-time RT-qPCR analysis. RT-qPCR, reverse transcription-quantitative polymerase chain reaction; Cont, untreated control; Mel, melatonin treatment; RS, recurrent neonatal seizure. Apoa1, apolipoprotein A-I; Oprk1, opioid receptor κ1; Pdk4, dehydrogenase kinase, isozyme 4; Cyp46a1, cytochrome P450, family 46, subfamily a, polypeptide 1; ACAT1, acetyl-Coenzyme-A acetyltransferase 1; CT, threshold cycle.

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<th>Gene</th>
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Figure 3. RT-qPCR analysis of hippocampal lipid metabolism-associated genes (Apoa1, Oprk1, Pdk4, Cyp46a1 and ACAT1). On comparing the mRNA levels between the Cont group and the other three groups, significant differences were observed in the expression levels of Apoa1, Oprk1, Pdk4 and Cyp46a1 (P<0.05, compared with the Cont group). Notably, the expression of ACAT1 in the RS group was significantly downregulated, compared with the Cont group, however, the mRNA level was increased in the Mel+RS group, compared with the RS group (P<0.05). Data are presented as the mean ± standard deviation. The lower part of the chart shows the oligonucleotide primers used for real-time RT-qPCR analysis. RT-qPCR, reverse transcription-quantitative polymerase chain reaction; Cont, untreated control; Mel, melatonin treatment; RS, recurrent neonatal seizure. Apoa1, apolipoprotein A-I; Oprk1, opioid receptor κ1; Pdk4, dehydrogenase kinase, isozyme 4; Cyp46a1, cytochrome P450, family 46, subfamily a, polypeptide 1; ACAT1, acetyl-Coenzyme-A acetyltransferase 1; CT, threshold cycle.
regulated expression levels of Cathepsin-E and nSMase. Cathepsin-E is an aspartic proteinase. Abnormal levels of cathepsin-E have been observed in tumor, senile plaques of Alzheimer’s disease and KA-injected rat brains (33-35). Notably, using microarray data and subsequent RT-PCR experiments, Jeong et al demonstrated that the hippocampal expression of cathepsin E was modulated by a ketogenic diet in a KA-induced seizure model (4). Sphingomyelinase (SMase) is an enzyme responsible for ceramide, ceramide 1-phosphate, sphingosine and sphingosine 1-phosphate production in the brain by catabolizing glycosphingolipids. These metabolites modulate the activity of phospholipase A(PLA) (3), and exogenous PLA (3) can increase ketogenesis, while a ketogenic diet inhibits brain ganglioside GM2 accumulation (36,37). This cross talk between metabolites of glycerophospholipid and sphingolipid metabolism suggests an important role of SMase in the processes of ketogenic diet-mediated neuroprotection following developmental-seizure-induced neuropathology.

Ruiz et al (38) examined the expression levels of energy metabolism-associated genes in the hippocampus of age-matched control and chronic epileptic animals. The results demonstrated that Kcnj11 was significantly upregulated 24 h, 1 month and 2 months post-SE. The results of the present study also revealed downregulated expression levels of Kcnj11, and of Lepr, Drd2 and Mc4r in the hippocampi of rats in the RS group compared with those in the Cont group. Kcnj11 is a subunit of the K<sub>ATP</sub> channel, which is involved in neuroexcitability and cognitive function, and mutations in the K<sub>ATP</sub> channel in humans have been linked to developmental delay, epilepsy and neonatal diabetes syndrome (39). Mice lacking this channel are prone to seizures when subjected to brief periods of hypoxia (40). Mc4r, leptin and Drd2 are present in the brain and hypothalamus, which are involved in regulating food intake and energy metabolism. Studies have demonstrated that the three genes can have antiepileptic effects in the brain (41-43). Therefore, the downregulated expression levels of Mc4r, Drd2 and leptin in the RS group in the present study may be associated with seizure propagation during epileptogenesis.

In a previous study by Ueda et al, genes associated with lipid metabolism, Apoa1, Gh, Mc4r, Oprk1 and Pdk4, in the hippocampus were temporarily upregulated in the sub-chronic phase in a rat model of posttraumatic epilepsy (44). In the present study, abnormal expression patterns were also observed in the Apoa1, Oprk1, Pdk4 and Cyp46a1 lipid metabolism-associated genes, however, these genes were
markedly downregulated in developmental seizures (RS and Mel+RS groups), compared with the Cont group. This discrepancy may be due to the different animal models used or the different time-points analyzed. Ueda et al used adult animals (5 weeks of age) and detected the gene expressions 15 days following amygdale injection (sub-chronic phase of injury), while the present study used a neonatal recurrent seizure model, in which the gene expression levels were detected 30 days following the initial attack (chronic phase of injury).

Notably, while no clear adverse effects were observed in the melatonin-treated animals, certain energy/lipid metabolism-associated genes were markedly downregulated by melatonin, compared with that in the control. Due to a limit number of hippocampal samples, the present study did not further evaluate the changes in the protein expression levels. However, our preliminary investigation revealed that normal rats fed a ketogenic diet had long-term adverse effects on neurobehavioral functions, detected using an open-field assessment (data not shown). Therefore, whether melatonin has long-term adverse effects on brain development and function in normal animals requires further investigation using a variety of toxicology and neurobehavioral methods.

Acknowledgements

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