Abstract. Afuresertib (AFU), a novel inhibitor of the serine/threonine kinase AKT, has clinical efficacy as a mono-therapy against hematological malignancies and is expected to be used in combination with standard therapies for multiple myeloma (MM). To develop a more effective and less toxic combination of immunomodulatory drugs (IMiDs) for therapy, the antitumor effect of sub-optimal doses of AFU, pomalidomide plus dexamethasone (PD), and the AFU-PD combination on MM cells were examined in the present study. Two MM cell lines, XG-7 and U266, with low sensitivity to both PD and AFU monotherapies, were subjected to these combinations and analyzed. Although the cell lines showed a slight reduction in viability with the sub-optimal doses of each monotherapy, the combination of the treatments resulted in a reduction in cell viability and the progression of apoptosis. Co-treatment with sub-optimal doses of PD and AFU enhanced caspase activation and highly suppressed the expression of IKZF1 and IKZF3. In addition, this combination promoted the dephosphorylation and stabilization of 4EBP1, an inhibitor of eIF4E activation, which led to the impairment of eIF4E-mediated translational activity. Furthermore, AFU showed a sufficient inhibitory effect on the phosphorylation of FOXO1, a tumor suppressor, in monotherapy or in combination with PD, which may be attributable to the activation of FOXO1, the subsequent inhibition of tumor growth, and the induction of cell death. In conclusion, the combination therapy with sub-optimal doses of PD and AFU exhibited potent antitumor activity in MM cells and may provide a novel strategy for the treatment of patients who experienced intolerable toxicity or insufficient response during IMiD therapy.

Introduction

The treatment of multiple myeloma (MM) has been markedly altered by the clinical use of proteasome inhibitors (PIs) and immunomodulatory drugs (IMiDs). Two IMiDs, lenalidomide (LEN) and pomalidomide (POM), have been characterized with potent immunostimulatory action, such as co-stimulatory effects on T and NK cells (1); therefore, they are often tested in combination with monoclonal antibodies, such as elotuzumab (2), daratumumab (3), and others (4). In addition to the stimulatory effect on the immune system, the intracellular action of MM cells targeting an ubiquitin E3 ligase, cereblon (1, 5), followed by the degradation of the proliferative factors, IKZF1 and IKZF3, have been also recognized as the main effectors of anti-tumor activity of these agents (6-8). Recently, the combination therapy of PI and IMiDs, such as LEN plus bortezomib (BOR) and dexamethasone (DEX), was successfully introduced to the initial treatment of MM in both transplant eligible and non-eligible subjects (9,10), and is considered an appropriate treatment for suitable patients, mainly including transplant eligible or fit patients without complications. However, the detailed mechanisms of the anti-tumor effect of this combination therapy are poorly understood. In addition, antagonistic activity of the combination of PI and IMiDs was reported (11), in which the LEN-induced degradation of IKZF1, which proceeded through the modification of cereblon, was inhibited by proteasome inhibition. Therefore, except for monoclonal antibodies, excellent treatment strategies for combination with IMiDs have not been fully developed.

The PI3K/Akt pathway is constitutively activated in MM cells, to maintain the signals of proliferation, anti-apoptosis, and drug resistance in MM cells (12). Therefore, several inhibitors that target this pathway have been attempted to
develop the treatment of relapsed and refractory MM with a single treatment or in combination with other agents.

Among these agents, afuresertib (AFU), a novel serine/threonine kinase Akt inhibitor, has demonstrated single-agent clinical activity and synergistic anti-myeloma effects against MM cells in combination with BOR plus DEX therapy (13).

In the present study, we investigated a more effective and less toxic combination of IMiDs for therapy, and estimated the additional effect of an Akt inhibitor in the combination treatments of IMiDs plus DEX and examined the cytotoxicity of IMiDs plus DEX and/or AFU treatment, with both DEX and AFU at suboptimal doses, against MM cells. We identified an enhanced anti-myeloma effect for this combination therapy and attempted to elucidate the mechanism underlying this enhanced activity with a focus on the previously reported factors involved in the functional mechanism of IMiDs or Akt inhibitors.

Materials and methods

Cell lines and primary MM cells. The human MM cell lines, JNJ-3 and SK-MM-1, were purchased from DSMZ, the German Resource Center for Biological Material (Braunschweig, Germany). U-266 was purchased from the American Type Culture Collection (Manassas, VA, USA). KMS-11, NOP1, NCI-H929, and XG-7 were kindly provided by Kawasaki Medical University, Aichi Cancer Center, Oita University, and Dr. Bernard Klein, respectively. All cell lines were cultured in RPMI-1640 medium (Thermo Fisher Scientific, Inc., Waltham, MA, USA) supplemented with 10% fetal bovine serum, 1% Penicillin and 100 U/ml streptomycin at 37°C in 5% CO2 incubator. Bone marrow mononuclear cells (BMNCs) were isolated from three patients with MM. MM cells were purificed from BMNCs by using anti-CD138 Micro Beads (Miltenyi Biotec, Bergisch Gladbach, Germany) as previously described (14). Two primary MM cell sources, with abundant numbers of cells, were selected for immunoblot analysis. All donors provided informed written consent prior to sampling in accordance with the Declaration of Helsinki and the present study was approved by the institutional ethics committees of Nagoya City University Graduate School of Medical Sciences.

Antibodies and reagents. POM and LEN were provided by Celgene Co., Ltd and also purchased from Santa Cruz Biotechnology (Dallas, TX). AFU (GSK2110183) was purchased from Selleck Chemicals (Houston, TX). The antibodies to cleaved caspase-3 (no. 9664), cleaved caspase-8 (no. 9496), IKZF1 (no. 5443), p-Akt (no. 9271), Akt (no. 9272), IRF4 (no. 4948 and no. 4964), p-FoxO1/FoxO3 (no. 9464), 4E-BP-1 (no. 9452), 4E-BP-1 (no. 9459), and eIF4E (no. 9742) were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). The antibody to actin (sc-1616) was purchased from Santa Cruz Biotechnology, Inc. (Dallas, TX, USA) and the antibody to IKZF3 (NBP-16938) was purchased from Novus Biologicals (Littleton, CO, USA). The proteins were visualized by using goat anti-rabbit IgG-HRP (sc-2004) and goat anti-mouse IgG-HRP (sc-2005) (Santa Cruz Biotechnology, Inc.).

Cell proliferation assay. The proliferation of MM cell lines was assessed by using Cell Titer 96 Aqueous One Solution cell proliferation assay kits (Promega Corporation, Madison, WI, USA), as previously described (15). Cells were seeded in 96-well flat bottom microplates (2x10^4 cells/well), and then treated with appropriate concentration of each agent in 5% CO2 incubator at 37°C for 72 h. Cell proliferation was measured at the indicated concentrations relative to the control. The absorbance at 490 nm was read using a 96-well plate reader. All expressed values represent the average of triplicate experiments and the IC50 values were computed by GraphPad Prism 6 (GraphPad Software, Inc., La Jolla, CA, USA) in accordance with the manufacturer's instructions.

Apoptosis assay. The apoptosis of MM cell lines was evaluated by using an Annexin V-FITC Apoptosis Detection Kit I (BD Biosciences, San Jose, CA, USA) in accordance with the manufacturer's instructions. The cells were treated with appropriate concentration of each agent for 48 or 72 h and reacted with FITC-conjugated Annexin V and PI for 15 min at room temperature in the dark. The cells were analyzed on a FACS Calibur flow cyrometer (BD Biosciences) with the aid of Flow Jo software (Tree Star, Ashland, OR, USA). In the current study, we measured the ratio of Annexin V positive cells, generally including early and late apoptotic cells. We defined induced apoptotic cells as Annexin V positive cells measured at each treatment, and spontaneous apoptotic cells as Annexin V positive cells measured under the no treatment. The percentage of specific apoptosis (%specific apoptosis) was calculated as follows: 100x (% induced apoptotic cells-% spontaneous apoptotic cells)/(%100%- spontaneous apoptotic cells). All expressed values represent the mean value of triplicate experiments.

Immuno blot analysis. The MM cell lines and primary tumor cells from patients with MM were incubated in the presence or absence of reagents for the indicated times. The cells were lysed in lysis buffer [20 mM HEPES (pH 7.5), 0.1% NP40, 150 mM NaCl, 1 mM EDTA (PH 8.0), 1 tablet of phosphatase inhibitor cocktail (Roche, Basel, Switzerland), 1 tablet of protease inhibitor cocktail (Roche)] at 4°C with sonication. The preparation and analyses of whole-cell extracts were performed as previously described (15). After the estimation of the total protein content by using Bradford reagent (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany), each loaded sample was adjusted to 30 µg per 10 µl. The lysates were separated electrophoretically by SDS-PAGE (4-15%) (Bio-Rad Laboratories, Hercules, CA, USA) and transferred to polyvinylidene difluoride membrane (Thermo Fisher Scientific, Inc.) using dry blotting system (Thermo Fisher Scientific, Inc.). The membranes were blocked with 2% skim milk for 1 h at room temperature and incubated with appropriate primary antibodies (dilution: 1:1000 for actin 1:2000) at 4°C overnight. The membranes were incubated with secondary antibody (anti-rabbit: 1:10,000, anti-goat: 1:5,000) for 1 h at room temperature. The bound antibodies were detected by the enhanced chemiluminescence reagent (GE healthcare, Chicago, IL, USA). The results of the immunoblot analysis presented are representative of multiple experiments.

Statistical analysis. The statistical significance of differences among more three groups was evaluated by using ANOVA followed by post hoc Tukey test., computed using GraphPad
Prism 6 (GraphPad Software, Inc.). P<0.05 was considered to indicate a statistically significant difference.

Results

Inhibitory activity of pomalidomide alone or in combination with dexamethasone against MM cell growth. First, we determined the suboptimal doses of each treatment, POM plus DEX (PD) and AFU, for MM cells before the examination of the AFU-PD combination. As shown in Fig. 1A, treatment with POM alone caused only a small inhibition of MM cell viability at all concentrations, except in NCI-H929, which is known to have a high sensitivity to IMiDs (6). We determined the suboptimal dose of POM as 1 µM, and then evaluated the effect of combination with 1 µM POM and the indicated doses of DEX in MM cells (Fig. 1B). The PD combination with 100 µM DEX markedly inhibited the vitality of most MM cell lines, but only moderate inhibition occurred with 10 µM DEX. From these results, we determined the suboptimal dose of the PD treatment as 1 µM POM plus 10 µM DEX.

As shown in Fig. 1C, the monotherapy of AFU caused a dose-dependent inhibition of MM cell viability. A remarkable inhibition of viability was observed above 10 µM AFU in most cell lines; therefore, concentrations of 1 and 3 µM were concluded as the suboptimal doses of AFU treatment. Among the six MM cell lines tested, XG-7 and U266 showed comparatively lower sensitivity to AFU treatment.
**Inhibition activity of IMiDs plus dexamethasone treatment in combination with AFU against MM cell growth.** Two MM cell lines, XG-7 and U266, characterized by a comparatively lower sensitivity to AFU, were treated with the AFU-PD combination therapy. At the suboptimal doses of PD treatment, XG-7 showed a mild reduction (28%) in viability in comparison with the untreated cells. Similarly, AFU treatment alone at the suboptimal dose showed a weak reduction at the indicated concentrations: 10% at 1 µM and 25% at 3 µM (Fig. 1D, left). However, co-treatment with suboptimal doses of PD and AFU resulted in an enhanced reduction of cell viability: 75% at 1 µM AFU and 85% at 3 µM AFU (Fig. 1E left), which were very similar to the results obtained in U266 cells with identical combination therapies (Fig. 1E right).

Next, we examined the effect of the combination therapy with LEN, instead of POM. Although 1 µM of LEN plus 10 µM of DEX treatment showed a lower reduction of viability (10%) in XG-7 cells, the combination with AFU considerably reduced the viability at the indicated doses: 75% at 1 µM of AFU and 80% at 3 µM of AFU (Fig. 1E left), which was very similar to the results obtained in U266 cells with identical combination therapies (Fig. 1E right).

**Evaluation of apoptosis in MM cells treated with the combination therapy of POM plus DEX and AFU treatment.** As shown in Fig. 2A, PD or AFU treatment at a suboptimal dose triggered less apoptosis. However, the combination therapy augmented the progression of apoptosis in both XG-7 and U266 cells. The %specific apoptosis in XG-7 cells treated with PD, AFU, or the AFU-PD combination was 0, 13.5, and 30.0, respectively.
Similar results were also observed in U266 cells; the specific apoptosis induced by treatment with PD, AFU, or the PD and AFU combination was 5.0, 0, and 22.0, respectively (Fig. 2B, right).

Alteration of IKZF- and Akt-regulating substrates in MM cells after co-treatment with suboptimal doses of POM plus DEX and/or AFU. The AFU-PD combination therapy with suboptimal doses of PD and AFU enhanced caspase activation, as indicated by the overexpression of cleaved caspase-3 and -8, in XG-7 cells in comparison with the individual treatments. Similar results were also observed in U266 cells treated in an identical manner (Fig. 3A). PD treatment suppressed the expression of IKZF1 and IKZF3 in both XG-7 and U266 cells, even at suboptimal doses, which did not occur after the treatment with AFU alone. In the AFU-PD combination therapy with suboptimal doses of PD and AFU, the suppression of both IKZF1 and IKZF3 was further enhanced in XG-7 cells. In U266 cells, the PD-induced suppression of IKZF1 and IKZF3 was maintained after the addition of AFU. The accumulation of cereblon, observed in PD treatment, was also maintained after the co-treatment with AFU in both MM cell lines. The expression of IRF4 was decreased by the PD treatment, and this reduction was sustained when combined with AFU treatment in both cell lines (Fig. 3B).

In agreement with other reports (16), AFU treatment triggered a feedback increase in Akt phosphorylation in both MM cell lines, which reflected the strong inhibition of kinase activity in Akt. Although this feedback increase was not induced in PD treatment, it was observed in the AFU-PD combination treatment with suboptimal doses of AFU and PD.

FOXO1, which is considered a tumor suppressor gene regulated by Akt signaling (17), was highly phosphorylated in both MM cell lines. Following the AFU-PD combination treatment administered at suboptimal doses of each agent, the upregulation of phosphorylated FOXO1 was inhibited in XG-7 cells, and its expression was profoundly suppressed in U266 cells.

4EBP1, a negative regulator of eIF4e (18), was phosphorylated in both MM cell lines (Fig. 3C). Moderate dephosphorylation of 4EBP1 was observed in PD-treated U266 cells, but not in XG-7 cells. However, the AFU-PD combination at suboptimal doses of AFU and PD triggered the dephosphorylation of 4EBP1 in both MM cell lines.

Two primary MM cells derived from the patients were treated with PD, AFU, and AFU-PD subjected to western blotting analysis (Fig. 3D). In the PD and AFU combination treatment, the enhanced activation of caspase-3,
dephosphorylation of FOXO1 and 4EBP1, and repression of IKZF3 were observed in all primary MM cells.

Discussion

AFU, a member of a family of ATP-competitive inhibitors, mainly targets the ATP binding and subsequent phosphorylation of Akt substrates; it does not affect the localization and self-activation of Akt. In previous reports, the hyper-phosphorylation of Akt was commonly observed with other ATP-competitive type inhibitors, such as A-4436548 (19) and GSK690693 (20), and a similar hyper-phosphorylation of Akt was also observed in malignant pleural mesothelioma cells treated with AFU (21). Although the precise mechanism of this hyper-phosphorylation is not well understood, it may be considered as the reflection of a homeostatic feedback mechanism by which the cell attempts to maintain Akt activity during the inhibition of phosphorylation of Akt substrates caused by ATP-competitive inhibitors (19).

In general, most ATP-competitive kinase inhibitors have been reported to inhibit additional kinases, such as PKA and PKG1α, through off-target action (16); therefore, it cannot be completely excluded that off-target action may be associated with the anti-tumor effect of AFU on MM cells. In our study, Akt treatment was tested at a sub-optimal dosage, which would serve to minimize the effect of potential off-target action on the anti-tumor effect of AFU on MM cells.

Several studies have reported the mechanism of action responsible for the anti-tumor activity of IMiDs. Among them, we have focused on two particular activities and evaluated the alteration of factors related to the two activities that follow the addition of a suboptimal dose of AFU to PD treatment. One of these activities was the regulation of eIF4E, which resulted in the inactivation of C/EBP translation and the subsequent impairment of IRF4 transcription (18). The second was the modulation of CRBN specificity for the ubiquitination of proteins, which led to the downregulation of IKZF substrates (8). Among the factors related to the above activities, we focused mainly on two factors observed in the combination treatment with AFU and PD: The dephosphorylation of 4EBP associated with the inactivation of eIF4E-related translational activity (22) and the altered phosphorylation level in FOXO1, a proapoptotic factor associated with cell cycle arrest and cell death (23-26).

A previous report demonstrated that 10 μM of IMiD compounds downregulated eIF4E expression at the mRNA level, which impaired C/EBP translation and inhibited MM cell growth (18). In this previous report, MM cells with IMiD resistance did not show suppressed eIF4E expression and sustained C/EBP translation during IMiD treatment. The suboptimal dose, 1 μM of POM treatment could not reduce eIF4E expression in MM cells in the present study. However, when a lower dose of an Akt inhibitor was added, 4EBP1, a regulator of eIF4E and ordinarily inactivated by the phosphorylation (22), was dephosphorylated and activated. Therefore, it is speculated that this alternative activity of 4EBP1 may inhibit the activation of eIF4E through the impairment of translation activity without the suppression of eIF4E expression at the protein level, which leads to further suppression of IRF4. A similar impairment of eIF4E was also observed by mTOR inhibitors in combination with IMiDs (18,27). These results suggested that the inactivation of the eIF4E-related translational complex by Akt or mTOR inhibition can be an effective strategy for the treatment of relapsed or refractory MM (RRMM) that was insensitive or resistant to IMiDs treatment owing to the poor suppression of eIF4E expression during IMiDs treatment.

FOXO1 is reported as a tumor suppressor gene, but may act as a pro-apoptotic factor (23-26). Many tumors have phosphorylated Akt, which inhibits FOXO1 activity by direct phosphorylation and cytoplasmic sequestration, and contributes to the maintenance of tumor cell survival. In the present study, MM cells had highly phosphorylated FOXO1 proteins that were regulated by Akt activation. In the current study, we could not determine a general evaluation of the effect of PD treatment on the phosphorylation level of FOXO1 in MM cells. Regardless of the changes in FOXO1 phosphorylation caused by PD treatment, the addition of AFU showed sufficient inhibition to prevent the accelerated phosphorylation of FOXO1 in an MM cell line, or repress the constant phosphorylation of FOXO1 in two primary samples. These results suggest that AFU exerted a sufficient inhibitory effect on FOXO1 phosphorylation, regardless of the effect of PD therapy, in combination with PD. Therefore, additional AFU treatment would be the preferred strategy to improve the sensitivity to IMiD activity and overcome resistance to IMiD treatment in MM cells.

IMiDs can specifically bind to cereblon, an important modulator of an E3 ubiquitin ligase complex, and alter the specificity of the substrates to be ubiquitinated (6). The changes in this specificity lead to the degradation of several transcriptional factors involved in tumor cell survival, such as IKZF1, IKZF3, and IRF4, in MM. Our results showed that a reduced dose of PD treatment did not induce cell death, as shown by the reduced induction of apoptosis and lower activation of caspase, even though prominent downregulation of IKZF1 and IKZF3 expression was observed. Hence, the downregulation of IKZF1 and IKZF3 was considered as an early event that is easily triggered during the action of IMiDs treatment. Although this suppression did not occur after treatment with a suboptimal dose of AFU, when combined with the PD treatment, the expression of IKZF1 and IKZF3 was predominantly suppressed. The precise mechanism of this enhanced suppression was not clear. Recently, Liu et al (28) proposed that kinase inhibition leads to a novel degradation process of IKZF1, instead of through the ubiquitin-proteasome pathway, in MM cells. In the current study, the additional administration of AFU and the subsequent pro-apoptotic activity, such as dephosphorylation of FOXO1, may support the PD-induced downregulation of IKZF1 and IKZF3 expression in a manner independent of cereblon-induced degradation. The mechanism by which the dephosphorylation of FOXO1 is correlated with the suppression of IKZF1 and IKZF3 expression is unclear. Recently, Alkhatib et al demonstrated the essential role of FOXO1 in appropriate mRNA splicing of IKZF1, which contributes to the stable expression of IKZF1, for the somatic rearrangement of immunoglobulin genes during B cell development (23). In MM cells, the effect of FOXO1 on the expression of IKZF1 is unclear. In reference to this previous report, the further study of how FOXO1 affects the expression of IKZF1 is warranted to explain the above concerns in MM cells.
In conclusion, the AFU-PD combination therapy with suboptimal doses of PD and AFU exhibited remarkable anti-tumor activity in MM cells in comparison with the individual mono-therapies. The mechanism of action of this combination therapy was dependent on the individual activities of PD and AFU without any interference with each other. The two subsequent actions, eIF4E inactivation caused by 4EBP1 dephosphorylation, and the enhanced suppression of IKZF1 and IKZF3, might induce additional effects through the AFU-PD combination therapy. The additional treatment of AFU with IMiD-based therapy should enhance the anti-tumor activity of IMiDs and overcome the resistance of IMiDs treatment. This combination therapy will exhibit more potent anti-tumor activity and fewer side effects when used clinically. Our study has provided the foundation for a new treatment strategy against RRMM with IMiD insensitivity or resistance, and improved IMiD-based therapy for patients with an intolerance to IMiD toxicity.

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